



2019-2020  
Annual Impact Report



A YEAR  
OF RESILIENCE  
AND PERSEVERANCE

# P R O M I S E

Central Kentucky Community Action Council changes people’s lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

# M I S S I O N

To be innovative, enthusiastic and diligent in our search and advocacy for programs that will advance social and economic change and growth for the low-income citizens we serve.

## TABLE OF CONTENTS

### IMPACT REPORT

2019 - 2020

|    |                              |
|----|------------------------------|
| 1  | MISSION STATEMENT            |
| 3  | EXECUTIVE LEADERSHIP MESSAGE |
| 5  | STAFF                        |
| 6  | CONTRIBUTORS                 |
| 7  | FINANCIAL STATEMENTS         |
| 9  | A YEAR LIKE NO OTHER         |
| 11 | BY THE NUMBERS               |
| 13 | COMMUNITY SERVICES           |
| 15 | TRANSPORTATION               |
| 17 | EMPLOYMENT                   |
| 18 | HOME ENERGY                  |
| 19 | SENIOR SUPPORT               |
| 21 | FAMILY ADVOCACY              |
| 22 | CHILD NUTRITION              |
| 23 | HEAD START                   |
| 29 | LOCATIONS                    |

Mr. Rogers was one of the kindest men we knew growing up. When watching television, he always reminded us to be kind and love one another. He taught us that it does not matter what we have, but how we use it. He always stood up for children and reminded us that we should always help others.

The Central Kentucky Community Action Council team embodies the spirit of Fred Rogers each and every day. But this past year, that spirit shone even brighter. 2020 brought us unprecedented challenges, but also tremendous rewards. Despite the circumstances, CKCAC teams were able to continue their outreach efforts, changing people’s lives, improving communities and making our region a better place to live. We care about the entire community and are dedicated to helping people help themselves and each other. As we reflect upon this last year, it’s so uplifting to know that we all came together to do just that – help each other.

The CKCAC Board of Directors came together in support of our programs and helped us establish and follow new guidelines for working through COVID-19. The call for creative solutions was answered by all.

The transportation program expanded into neighboring counties. And when the need arose for quarantined seniors to receive daily meals,



**Hal B. Goode**  
Central Kentucky Community Action  
Executive Director

transportation stepped in to help transport those meals. When individuals were being laid off because of the pandemic, Kentucky Works collaborated with regional employers to keep clients working. When bills began piling up for individuals impacted by COVID-19, Community Services assisted in paying those bills, while the Weatherization team made energy-efficient upgrades to homes to reduce future energy costs.

When it was recommended that senior centers shut down, the Congregate Meals program adapted to accommodate drive-thru services, providing record numbers of hot meals to seniors daily. The Senior Companionship Program began making phone calls and became pen pals with clients when the crisis eliminated the opportunity for home visits. Community Collaboration for Children decided a change of scenery was needed for some families, providing parenting education services “camping” style on front lawns and backyards.

Amidst the shutdown of child care programs across the state, the Child Nutrition Food Program continued to grow and support childcares by helping them serve nutritional foods and snacks. Head Start prioritized distance learning by supplying households with tablets, giving young children exciting educational experiences that included



**Gordon Earl Thomas**  
Larue County  
Central Kentucky Community Action  
Board Chair

working with technology. Speaking of technology, let’s not forget our IT department employees who helped install software programs on all those tablets.

From Finance ensuring timely payment of funds and HR modifying policies and procedures to ensure employee safety to Public Relations distributing timely information to the community, our behind-the-scenes workers also had important roles in helping CKCAC persevere this past year.

We’d also like to extend our gratitude to one very special behind-the-scenes worker, Larue County Judge Executive Tommy Turner. Judge Turner was a CKCAC Board member from 1984 until his recent retirement in 2020. His work and dedication to our organization was instrumental in helping CKCAC fulfill its mission for 36 years.

Every program – every office – every board member - every person at CKCAC came together to share responsibility within the last year. This annual report is dedicated to our front-line workers - the CKCAC team serving clients during the pandemic and being HEROES in our communities.

”  
We live in a world in which  
we need to share responsibility.  
It’s easy to say, “it’s not my child,  
not my community, not my world,  
not my problem. Then there  
are those who see the need  
to respond. I consider those  
people my heroes.

**Fred Rogers**

2019-2020

# BOARD OF DIRECTORS

## Public Sector Directors

**Judge Maurice Lucas**  
Breckinridge County

**Judge Kevin Henderson**  
Grayson County

**Judge Harry Berry**  
Hardin County

**Judge Tommy Turner**  
Larue County

**Judge David Daugherty**  
Marion County

**Judge Gerry Lynn**  
Meade County

**Judge Dean Watts**  
Nelson County

**Judge Tim Graves**  
Washington County

## Low Income Representative

**Ms. Diane Weaver**  
Breckinridge County

**Ms. Sharon Ferguson**  
Grayson County

**Ms. Brenda Thompson**  
Hardin County

**Mr. Gordon Thomas**  
Larue County  
\*Chairperson

**Ms. Connie Mattingly**  
Marion County

**Ms. Robin Brown**  
Meade County

**Ms. Millie Cambron**  
Nelson County

**Mr. Sam Clements**  
Washington County

## Private Sector Directors

**Mr. Andrew Adkins**  
Breckinridge County

**Ms. Susan Layman**  
Grayson County

**Ms. Nancy Addington**  
Grayson County  
\*Vice Chairperson

**Dr. Paul Richey**  
Larue County

**Mr. John G. Mattingly**  
Marion County

**Mayor Ronnie Joyner**  
Meade County

**Sr. Barbara Joseph Lammers**  
Nelson County

**Ms. Christy Carpenter**  
Washington County

## Head Start Policy Council Member

**Ms. Cinnamon Jewell**  
Marion County

## Emeritus

**Mr. Joseph Stewart**  
Attorney-At-Hand

**Thomas Mahoney**  
Accounting & Finance



## In Memoriam

**Judge Executive Gerald “Gerry” Lynn**  
1952-2020

# STAFF & PROGRAM DIRECTORS

**Hal B. Goode**  
Executive Director

**Jami Sandusky**  
Assistant Executive Director/CFO

**Kerri Taylor**  
Human Resources

**Mary Jane Tungate**  
Human Resources

**Jane Claire Hupman**  
Public Relations Manager

**Shirley Buckman**  
Family Day Cares  
& Unaffiliated Centers

**Ashley Caldwell**  
Community Collaboration for Children

**Tracy Dennison**  
Kentucky Works

**Amanda Hodgins**  
Senior Companion

**Ellen Leake**  
Community Services

**Jessica Miles**  
CISO

**Gretta Allen**  
Accounts Payable - Head Start Specialist

**Barbara Garrett**  
Payroll Coordinator

**Kathy Isaacs**  
Finance Assistant

**Amanda Wheatley**  
Accounts Payable Clerk

**David Lindsey**  
Weatherization

**Dianne Mattingly**  
CKCATS

**Tancy Morris**  
Congregate Meals

**Pamela Smith**  
Head Start

**Melissa Bland**  
RSVP

## CONTRIBUTORS

### Business Donors

Abbey of Gethsemane  
Aid & Service of West Marion County  
Amazon Smile  
AT&T  
Auntie Anne's  
Brandenburg United Methodist Church  
Breckinridge County Fiscal Court  
Central Kentucky Community Foundation  
City of Springfield  
CLEAResult Consulting  
Cody Mayfield Memorial Foundation  
Communicare  
Dominican Sisters of Peace  
Family Worship Center  
First Baptist Church  
Grayson County Ministerial Association  
Hardin County Fiscal Court  
Holy Guardian Angel Parish  
Honorable Order of Kentucky Colonels  
Irvington Area Ministerial Association  
JNBL - Storage Temp  
Kosair Charities - Kosair Kids  
Kroger  
Kentucky Cooperage Company, LP, LTD.  
Lanham Refrigeration  
Larue County Fiscal Court  
Leadership Lebanon - Marion County, KY  
Lifetouch  
Loretto Literary & Benvolent Institute  
Louisville Urban League  
Marion County Chamber of Commerce  
Marion County Fiscal Court  
Meade County Closet & Food Pantry  
Meade County Fiscal Court  
Mid America Assistance Coalition  
Modern Woodmen of America  
Moving Forward Advisory Council  
Muldraugh Hill Baptist Church  
Nelson Christian Church  
Nelson County Fiscal Court  
NLBI Generalate Account  
Optimist Club of Bardstown  
People's Bank of Lebanon, KY  
Pickleball Group  
Potter's Hope Ministries  
Ray's - Ford Chrysler Dodge Jeep Ram  
Salem Baptist Church of Brandenburg  
Sisters of Loretto  
Spring View Hospital  
Springfield Presbyterian Church  
St. Augustine Church of Lebanon, KY  
St. Vincent DePaul Church  
St. Dominic of Springfield, KY  
St. John the Apostle Church of Meade County  
St. Monica Church  
St. Rose Catholic Church  
St. Vincent DePaul Outreach  
The SVDP Conference of St. Dominic  
Think Packaging, Inc.  
Toyotomi  
Tri-County Car Club, Inc.  
TW Wash Lodge No 430  
Tri-County United Way  
Vision Riders  
Washington County Fiscal Court  
Washington County Democratic Women  
Wilson & Muir Bank

### Individual Donors

Annette Glasscock  
Barbara Garrett  
Bejamin R. Smith, DMD  
Bobby Gardner  
Connie Nalley  
Daniel M. & Natalie Muir Cole  
Dr. Brian & Lorraine Scott  
Ellen Leake  
Jimmy Wethington  
John P. Wharton  
John Timothy Spalding  
Joseph Stewart  
Katina Johnson  
Kaye Edwards  
Kenton R. Smith, Attorney  
Lisa Haydon  
Phillip Gootee  
Rose Mary Edlin  
Ruth H. Brady

# STATEMENT OF FINANCIAL POSITION

For fiscal year ended June 30, 2020

## ASSETS

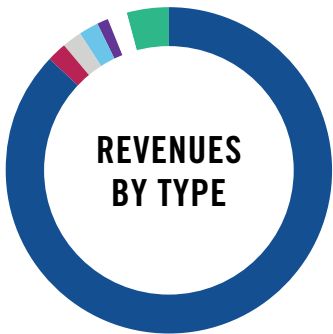
|  |                    |
|--|--------------------|
| Current Assets                                 |                    |
| Cash   | \$911,599          |
| Restricted Cash                                | \$2,341,645        |
| <b>Total Cash</b>                              | <b>\$3,253,244</b> |
| Grants Receivable                              | \$1,534,081        |
| Other Receivables                              | \$169,871          |
| Other Current Assets                           | \$35,221           |
| <b>Total Current Assets</b>                    | <b>\$4,992,417</b> |
| Land   | \$527,454          |
| Property and Equipment                         | \$5,490,207        |
| Construction in Progress                       | \$1,292,873        |
| Accumulated Depreciation                       | (\$2,560,864)      |
| <b>Total Net Land, Property, and Equipment</b> | <b>\$4,749,670</b> |
| <b>Total Assets</b>                            | <b>\$9,742,087</b> |

## LIABILITIES AND NET ASSETS

|   |                    |
|---|--------------------|
| Current Liabilities                         |                    |
| Accounts Payable                            | \$897,310          |
| Accrued Salaries & Wages                    | \$352,312          |
| Accrued Retirement                          | \$68,795           |
| Current Portion of Capital Lease Obligation | \$26,944           |
| Current Portion of Notes Payable            | \$292,202          |
| Other Liabilites                            | \$193,119          |
| Refundable Advances                         | \$1,694,496        |
| <b>Total Current Liabilities</b>            | <b>\$3,525,178</b> |
| Notes Payable                               | \$545,199          |
| Capital Lease Obligation                    | \$219,260          |
| <b>Total Liabilities</b>                    | <b>\$4,289,637</b> |
| Net Assets                                  |                    |
| Unrestricted                                | \$1,152,910        |
| Temporarily Restricted                      | \$4,299,540        |
| <b>Total Net Assets</b>                     | <b>\$5,452,450</b> |
| <b>Liabilities and Net Assets</b>           | <b>\$9,742,087</b> |

# STATEMENT OF FINANCIAL ACTIVITIES

For fiscal year ended June 30, 2020



|   |                     |
|---|---------------------|
| <b>Total Revenues, Gains, and Other</b> | <b>\$19,770,118</b> |
| ● Grant & Contract Income               | <b>\$18,236,073</b> |
| ● Contributions                         | <b>\$270,987</b>    |
| ○ Client Fees                           | <b>\$147,338</b>    |
| ○ Miscellaneous Income                  | <b>\$147,137</b>    |
| ● Interest Income                       | <b>\$240</b>        |
| ○ In-Kind Income                        | <b>\$376,797</b>    |
| ● Other                                 | <b>\$591,546</b>    |



|                                  |                     |
|----------------------------------|---------------------|
| <b>Total Expenses</b>            | <b>\$16,814,977</b> |
| ● SBA Payroll Protection Program | <b>\$591,146</b>    |
| ● Kentucky Works                 | <b>\$670,356</b>    |
| ○ Head Start                     | <b>\$6,953,959</b>  |
| ○ CSBG                           | <b>\$804,815</b>    |
| ● Transportation - 5311          | <b>\$2,818,494</b>  |
| ○ Section 5339 & 5339b           | <b>\$282,544</b>    |
| ● LIHEAP                         | <b>\$2,135,015</b>  |
| ● Congregate Meals               | <b>\$536,300</b>    |
| ● Unaffiliated Centers           | <b>\$525,243</b>    |
| ● Other Programs                 | <b>\$1,497,105</b>  |

Net Assets – Beginning of Year **\$2,497,309** | Net Assets – End of Year **\$5,452,450**



# A YEAR LIKE NO OTHER

No one could have imagined that 2020 would take such an abrupt and drastic turn from our normal routines. The challenges inflicted by the COVID-19 pandemic took a toll on us all. It tested our sense of normal, required us to think outside the box and most importantly find creative ways to stay connected and serve our communities. This year's annual impact report's theme A Year of Resilience and Perseverance is a

reflection of our team's commitment to the organization, their clients, students and communities. We couldn't be more proud of all they have done this past year. Here are highlights of some of the ways CKCAC team members have gone the extra mile to get through this difficult time with determination, adaptability and pride.



## Team Kentucky Fund

CKCAC was selected to be a strategic partner with the Commonwealth of Kentucky to roll out Team Kentucky Funds within our eight-county territory. The fund was established to provide help to Kentuckians experiencing an employment-related financial hardship during the COVID-19 public health emergency. Nearly 50 households were approved throughout our region for a total of more than \$35,700 in financial assistance to help get through this difficult time.



## Drive-By Parades

Our Head Start and Early Head Start teachers sure did miss their students during the COVID shutdown. To help put a smile on everyone's face and keep those personal connections strong, staff conducted several drive-by parades to wish their students well. They made posters, dressed up in costumes and let their students know how much they missed them.



## Lifting Spirits

This summer looked very different for the families we serve. During normal times, our CCC program would be helping children participate in numerous enrichment activities, such as camp registrations and pool passes. With many of summer's outdoor activities closed this year, the Lincoln Trail Regional Network provided games and activities that promoted family togetherness and communication. Games and activities were distributed evenly among the eight counties we serve, including board games, outside games, bubbles, balls and more.



## CKCATS Delivers

The CKCATS program took a big hit when COVID began. With transportation demand drastically down, staff immediately stepped in and helped at the local senior centers. They cleaned centers inside and out, helped serve meals, unload truck deliveries and even cook meals. They even made sure seniors had a ride to the centers to pick up their meals. We were so grateful for their help in such a trying time.



## Weatherization Works

Unable to enter people's homes to make repairs, the Weatherization team didn't sit idle. They stepped in to assist with routine cleaning, building renovations, painting, flooring and more around the CKCAC office and senior centers. We are grateful for the flexibility, skill and teamwork our staff demonstrate on a daily basis.



## Keeping Seniors Active

Although senior centers were closed, Congregate Meals Program staff came up with creative ways to provide seniors with activities and fun things to do when picking up their meals. Activities included word searches, coloring pages, bingo, lemonade and ice cream stands and more.



## Honoring Our Volunteers

Annual volunteer recognition ceremonies were cancelled or postponed this year. However, we were still able to recognize and reward our volunteers for their time, dedication and impact on our communities. One extra special recognition was given to long-time Head Start teacher Alma Edelen. Alma was awarded Community Action Kentucky's Jesse Amburgey Excellence in Community Action Award. The award honors the efforts and achievements of someone who has worked diligently to reduce or eliminate the cause or conditions of poverty. Alma has been a Head Start teacher since 1971, helping to shape the lives of thousands of children for the better for nearly 50 years. We can't think of anyone more deserving of this honor.



## Spring LIHEAP Subsidy

In response to the COVID-19 health crisis, CKCAC was able to roll out a new spring enrollment for LIHEAP. The program, which is designed to help low-income Kentuckians offset home energy costs, expanded its eligibility requirements to allow more Kentuckians to qualify during the warmer spring and summer months. As the financial hardship grew for more and more Kentuckians because of COVID, CKCAC was pleased to provide this additional resource to help those struggling to pay home energy costs.



Senior Companion Program volunteers donated time valued at nearly  
**\$1 million** to serve over 100 senior clients

**144**

children were served through Community Collaboration for Children,  
helping to improve parent-child relationships

**101**

Head Start parents  
obtained employment

**\$35.7K**

in Team Kentucky grants were  
awarded across the region, helping  
those impacted by loss of  
employment due to COVID-19

**28**

homes were weatherized this year,  
saving residents hundreds of  
dollars annually in energy costs

On average, CKCATS transported  
**250**  
seniors per month through its  
Senior Transportation Program

Congregate Meals experienced a **63%** increase  
in the number of meals served to seniors over the previous fiscal year

**98%**  
of Head Start children received immunizations

**100**  
Kentucky Works clients were placed in a  
Work Experience Training Program.

**1,882**  
children received more nutritious meals and snacks daily thanks to CKCAC's sponsorship of 58 childcares

**596**  
children attended Head Start  
or Early Head Start

**872**  
individuals and families obtained safe and  
affordable housing through our Community Services program

**9,270**  
households received utility assistance through LIHEAP

**106**  
RSVP volunteers contributed 22,000  
hours of service valued at \$555,460



# COMMUNITY SERVICES

Thanks to funding from the Community Services Block Grant (CSBG), CKCAC was able to continue making a huge impact across the region. Despite having to alter the manner in which we delivered services, our team carried out its mission with pride. A total of more than 12,000 people, including 3,826 children and 2,593 seniors were recipients of a diverse range of services through the Community Services program. Areas of support included housing and utilities, food and commodities, education and youth enrichment, employment, asset building, health support and more. Here's a look at some of our highlights from this past year.



8,388 seniors

were provided with food and commodity boxes

60 commodity

distribution events were held

872 people

obtained safe and affordable housing

149 families

avoided eviction

231 individuals

received eviction prevention services

350 veterans

received support through  
Community Services programs

639 people

participated in wellness classes

## Congratulations Are In Order

CKCAC would like to recognize the contributions and talents of two of our Community Services team members that achieved important distinctions this past year. Community Services Director Ellen B. Leake earned her Certified Community Action Professional designation, recognizing her leadership role within the national Community Action network. Additionally, Community Services volunteer, Emma Edelen, was honored by Community Action Kentucky, receiving its Altha Jo Hamilton Award. The award honors the spirit and achievement of someone who has embraced the power of volunteerism as an opportunity to improve lives. Emma has been a CKCAC volunteer since 2017, giving 40 hours a week of her time to our organization. We are so grateful to have dedicated leaders like Ellen and Emma on our team.



**Ellen B. Leake, CCAP**  
Director, Community Services  
Program



**Emma Edelen**  
CKCAC Volunteer  
Altha Jo Hamilton Award Recipient

69 at-risk youth

were helped with youth enrichment activities

163 people

were assisted with supplies to start a garden

\$1.9 million

in utility bill financial assistance was provided

107 people

improved their leadership skills

\$4.7K

was utilized to help individuals remove  
barriers to employment

494 clients

were assisted with customer advocacy  
intervention services

48 households

were awarded Team Kentucky Funds



# TRANSPORTATION

## Expanding Our Reach

As a reflection of its high performance record, CKCATS was able to add the communities of Hardin and Meade counties to its Senior Transportation program this year. Drivers also helped those experiencing food insecurity by delivering food boxes for Feeding America on the third Wednesday of every month in both communities. CKCATS further expanded its reach by becoming the transportation provider for Bluegrass Ultra Transit for its route to Boyle County.

Helping to fulfill its growing routes, CKCATS received five replacement vans thanks to 5339 funding, a value of more than \$233,000. Additionally, 12 expansion vehicles, worth nearly \$427,000, were added with Section 5311 CARES Capital. These valuable resources will allow CKCATS to provide a higher quality transportation experience.

## COVID Impact

Total Trips



## A New Normal

The CKCATS team proved to be as responsive and adaptable as ever this past year, even during times of crisis. The transportation community was turned upside down with the onset of COVID-19, temporarily bringing this valuable community resource to a near standstill. Passenger trips were reduced by 75 percent at the height of the pandemic, but are slowly increasing back to normal.

New safety and health protocols were quickly implemented to protect drivers and passengers, including social distancing measures and frequent sanitization of vehicle surfaces. CKCATS drivers were also provided masks, face shields, gloves and cleaning solution to ensure maximum safety.

CKCATS team members demonstrated their collaborative spirit by helping other areas of CKCAC fulfill their missions in the safest way possible. Staff helped clean Head Start classrooms and senior centers, while also transporting seniors to pick up meals at the centers if needed.

Total Mileage



1,522,542  
total miles logged

610  
veteran trips

on average,  
250 seniors  
were served through senior transportation each month

55,129  
total CKCATS trips

1,894  
intercity trips

\*Data from fiscal year 2019-2020

# EMPLOYMENT

## A New Path for Workforce Assistance

This past year was filled with exciting new opportunities and unforeseen challenges for our Kentucky Works program. Helping low-income residents find and maintain steady employment is a cornerstone of our mission. The year started off strong with Kentucky Works being granted the SNAP Employment and Training Program, an initiative of the US Department of Agriculture's Food and Nutrition Service. With this addition, Kentucky Works expanded its program territory to six additional counties, including Henry, Oldham, Shelby, Trimble, Spencer and Bullitt counties.

Through the SNAP E&T Program, Kentucky Works assesses participants and helps them gain skills, training or work experience to increase their ability to obtain regular employment. The goal is to achieve a recognized credential, apprenticeship, diploma, or equivalent, while participating in or completing their services. In all, Kentucky Works helped 213 individuals during the first fiscal year of the program.

## Maintaining Our Focus

Like many organizations, our employment assistance programs were not immune to the effects of COVID-19. Referral numbers were down, making it a challenge to meet our performance outcomes. Kentucky Works Employment Specialists shifted to working from home, but continued to complete assessments, employment follow ups and job placements remotely.

Staff also helped other CKCAC departments, including working with CSBG to fulfill the needs of its meal programs, and took advantage of online training courses while working from home.

### Top Services

#### Job Readiness

#### Work Experience Job Training

#### Assessments for Job Matching

#### Soft Skills

#### Job Placement

#### Job Retention



# HOME ENERGY

## Healthy Homes

CKCAC's Weatherization program has been a life saver for so many residents within our communities for many years. Not only do our services provide healthier and safer home environments, but they also save homeowners money. The year started off strong with the Weatherization team servicing 28 homes. Common repairs included heating and cooling systems, smoke and carbon dioxide detectors, dryer vent and exhaust fans. Other projects included insulation installs and air sealing.

However, in March 2020, the program came screeching to a halt due to the coronavirus outbreak. Our team was not able to enter client homes. Therefore, staff worked hard to implement new policies and training to ensure health and safety of staff and clients going forward. The team also preformed various helpful tasks around the CKCAC office during the shutdown. From routine cleaning, building renovations, painting, flooring and more, the Weatherization team stepped up to the plate.



## Keeping Our Community Warm

The Low-Income Home Energy Assistance Program (LIHEAP) was once again a much-needed resource for thousands of individuals and families across our region. This valuable program helped our most vulnerable citizens meet basic living demands by providing funds to help reduce home heating costs. Warm homes lead to healthier homes and CKCAC is proud to offer this assistance to those in need. A special enrollment period for Spring LIHEAP assistance was also added to help those impacted by COVID-19.

\$1.9 million

in LIHEAP benefits were approved to help  
offset home heating costs.

9,270 families

were assisted through LIHEAP this fiscal year.



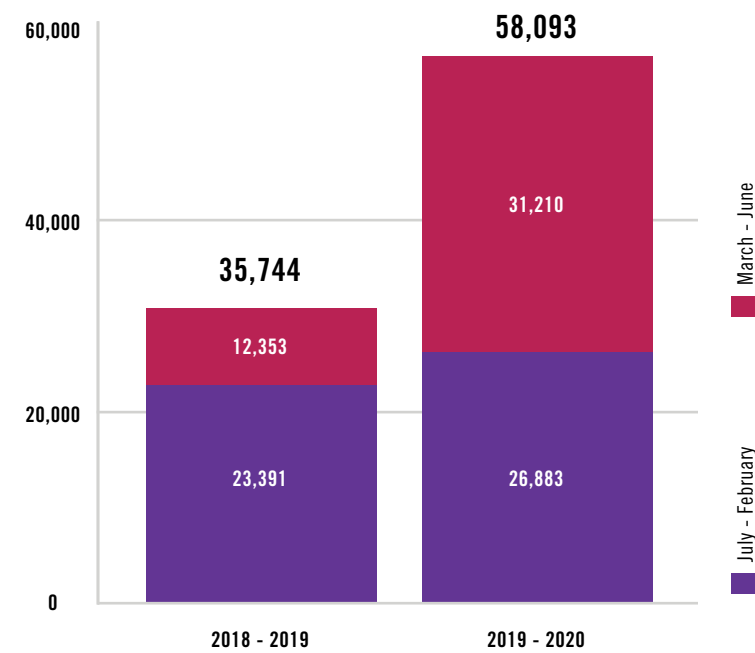
# SENIOR SUPPORT

## No One Goes Hungry

Our circumstances may have quickly evolved in response to the national pandemic, but our resolve to make sure no senior goes hungry never slowed. In fact, our services were in demand more than ever due to a jump in the number of seniors seeking help with food assistance this past year. During the months of March 2020 and June 2020, the average monthly number of meals served by CKCAC Senior Centers increased by more than 130 percent.

While our centers had to close effective March 13, we began drive-through meal service on March 16 and our numbers grew week by week. Volunteers and team members from other areas of CKCAC were a big part of our program this year. So many stepped up to help at their local senior centers, including our CKCATS drivers that would transport seniors that had no way of getting there on their own.

## Senior Meals Served



## A Personal Touch

The need for our Senior Companion Program has never been greater. In a time where so many Americans experienced a lack of personal interaction, our seniors took an even bigger toll due to their increased risk of exposure to COVID-19. And like so many other CKCAC program areas, our Senior Companion team had to act quickly and safely to ensure our clients received the care they needed even during the most challenging of times.

In all, 44 volunteers donated more than 46,000 hours of time to serve more than 100 senior clients this past fiscal year. Services consisted of companionship, transportation, light house cleaning, light meal preparation and respite care services. Although in-home services were stopped in March, volunteers continued to provide companionship to each one of our clients through daily phone calls and mailings.

Due to COVID-19, we were unable to host our annual volunteer recognition, usually held in June at My Old Kentucky Home in Bardstown. Regardless, we were still able to recognize and reward our volunteers for all their time, effort and dedication. The Senior Companion Program director, along with other volunteers, delivered all senior companions tokens of appreciation right to their door.

We are grateful to the many community partners that help make our efforts possible, including Tri-County United Way and each of the six county governments within our service area.

## Serving Our Communities

Our Retired and Senior Volunteer Program (RSVP) has a longstanding reputation for stepping up to help our communities. Through 16 different volunteer stations across our region, more than 100 RSVP volunteers donated their time, 22,000 hours in all, to supporting numerous worthy causes. This year we celebrated many of their achievements, including 13 volunteers that have worked for 10-plus years and four volunteers that have donated over 5,000 lifetime hours. We hope to be able to schedule an appreciation luncheon later in the year.

RSVP also welcomed its new director, Melissa Bland, in January 2020. Although her arrival coincided with the most challenging time in our program history, Melissa has been staying in communication with our volunteers and is optimistic about the impact the program will continue to have across the region.



## Congregate Meals Program

980 seniors  
served  
in 2019-2020

618 seniors  
served  
in 2018-2019



## Creating Healthy Child-Parent Relationships

Community Collaboration for Children (CCC) continued to provide quality services to Lincoln Trail families throughout the year. Our goal is to support and educate parents seeking to develop improved parenting skills, prevent child abuse as well as neglect, and provide knowledge and resources that will lead to healthier child-parent relationships.

While staff had to alter the way in which it delivered services, our focus never waived. Thanks to our dedicated staff, we were able to support 114 children this past fiscal year. We made the shift from in-home visits to utilizing telehealth services to complete our family meeting and parenting classes. We also did porch and mailbox drop offs to distribute learning materials and resources.

Through our follow-up services, we were able to determine that 82 percent of families reported that they are maintaining or improving upon the skills learned while completing our program.



82% of families reported that they are maintaining or improving upon the skills learned while completing the program

While routine in-person group meetings of our Regional Network volunteers had to temporarily be put on hold, their efforts didn't stop. Virtual meetings allowed the group to continue supporting our efforts with outreach, trainings and raising awareness during April's Child Abuse Awareness Month.

## A Good Night's Sleep

Our Build-A-Bed Program continued to serve children in Marion and Washington counties. CKCAC partners with area technical schools to build and provide beds to children that otherwise would not have one. In all, 16 beds were donated. Due to school closures during COVID-19, private donations from Leadership Lebanon and Lebanon Kiwanis Club were also leveraged.

## A New Collaboration

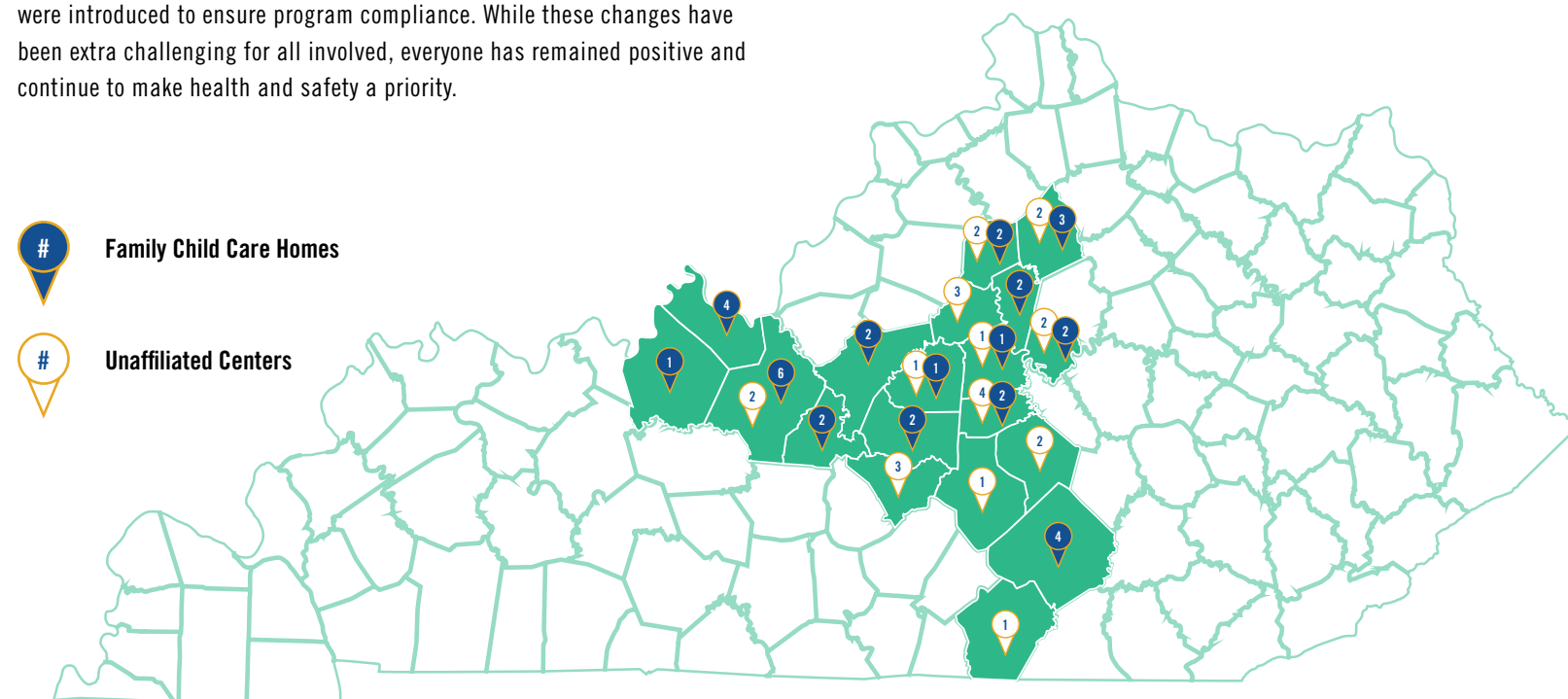
CKCAC formed a new partnership this past year with Cake4Kids to provide birthday cakes to children who do not have the means to afford what so many take for granted. With our support, Cake4Kids delivered birthday cakes to children in group homes, domestic violence or human trafficking shelters, low-income housing, and even those who were homeless. Through this initiative, we aim to raise their self-esteem and confidence with a seemingly simple gift on their special day.

# CHILD NUTRITION

## Nutrition Remains Front and Center

Through our Child and Adult Care Food Program, CKCAC sponsors dozens of Family Child Cares and Unaffiliated Centers within the Lincoln Trail, Lake Cumberland and Bluegrass Area Districts. The program ensures nutritious meals and snacks are provided daily to the nearly 1,900 children in their care. Participating providers receive valuable information and resources to improve eating habits and to instill life-long health eating choices. During the past fiscal year, there were 34 Family Child Care Homes and 24 Unaffiliated Centers sponsored across 19 counties.

Despite the program-altering challenges presented by the onset of COVID-19, our program has kept child nutrition in the forefront. All centers were shut down for a period of 11-12 weeks, with many remaining closed for weeks longer. During the shutdown, providers and CKCAC staff worked to prepare for and implement more stringent guidelines. Desk monitor reviews were introduced to ensure program compliance. While these changes have been extra challenging for all involved, everyone has remained positive and continue to make health and safety a priority.





# HEAD START

## A Year of Growth and Creativity

The 2019-2020 school year has been a time of growth for Head Start and Early Head Start. Construction was completed on our new Radcliff center and construction for new Head Start buildings in Lebanon and Springfield are currently underway. We were also able to purchase seven new vehicles for staff use and 10 new buses for transporting children thanks to a recent grant. Our numbers of children and families served continue to rise and we couldn't be more excited to grow our footprint across the region.

It's no secret, however, that this year was also challenging in light of the pandemic, which caused our

centers to be closed for nearly three months to in-person instruction. Our Head Start team had to quickly adapt to remote teaching ensuring our much-needed services were provided to children and families during this difficult time.

Staff stayed connected by utilizing online communication tools, such as Zoom, and were creative in using different methods to keep children and families engaged. Head Start and Early Head Start staff prepared and delivered educational packets to families for distance learning, as well as food and supplies to families that were in need. Family advocates, teachers and staff maintained weekly contact with families to check on everyone's well-being.



**563 children**  
attended and served through  
Head Start (cumulative)

**33 children**  
attended and served through  
Early Head Start (cumulative)

**523 families**  
were served through Head Start

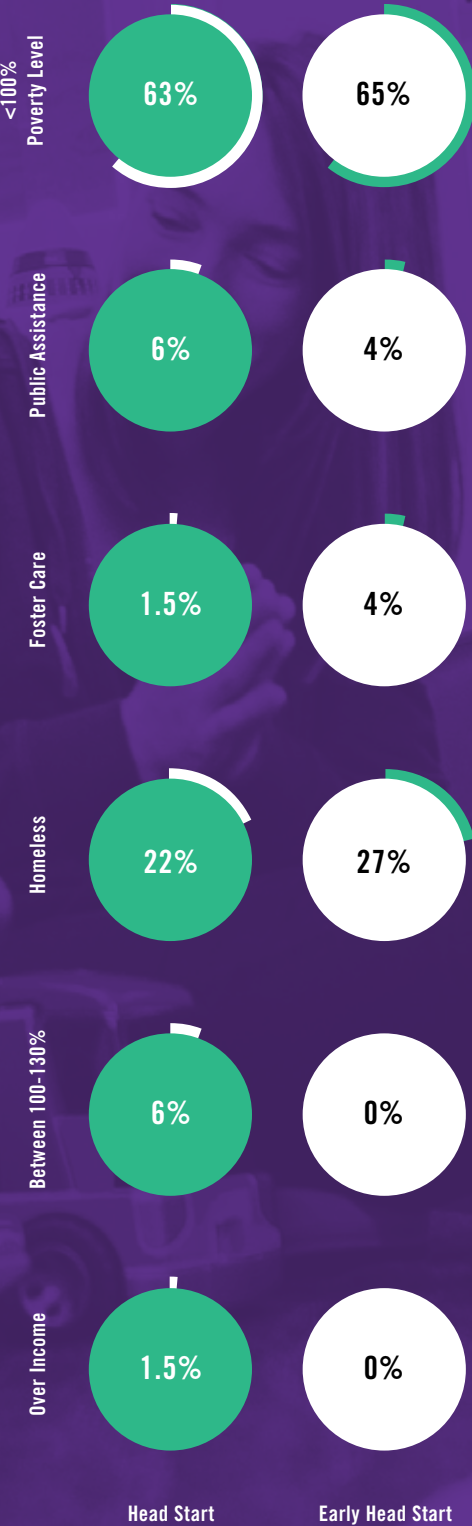
**33 families**  
were served through Early Head Start

**494 funded**  
enrollment (Head Start/ Early Head Start)

**83.88%**  
average daily attendance for Head Start

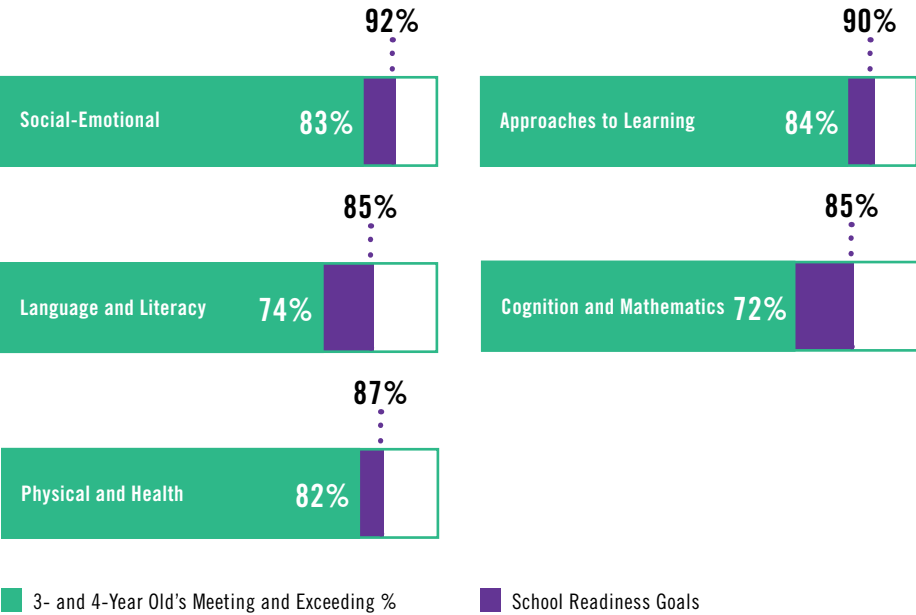
**86.99%**  
average daily attendance for Early Head Start

### Eligibility Data

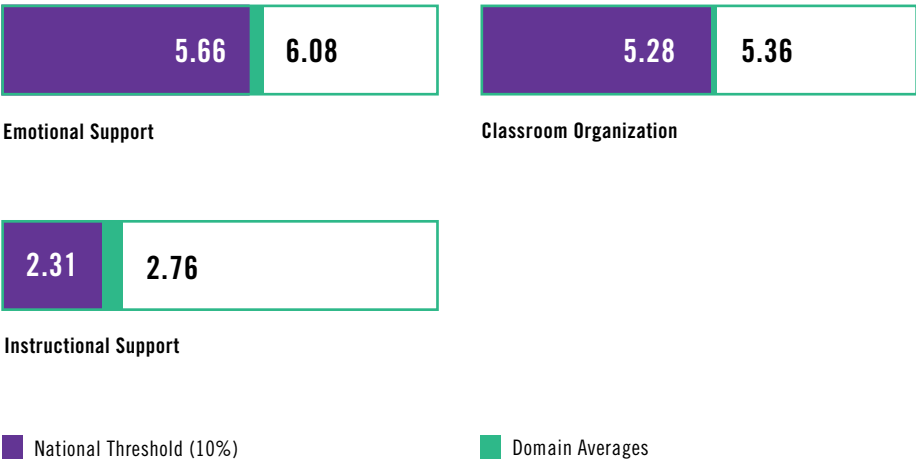


### School Readiness Goals

Due to COVID-19, the spring assessment of school readiness goals for students was completed virtually rather than in person. Face-to-face instruction and assessment ensure solid, research-based data, which did not occur during the last assessment due to the pandemic.



### Class Fall 2019/2020 Scores



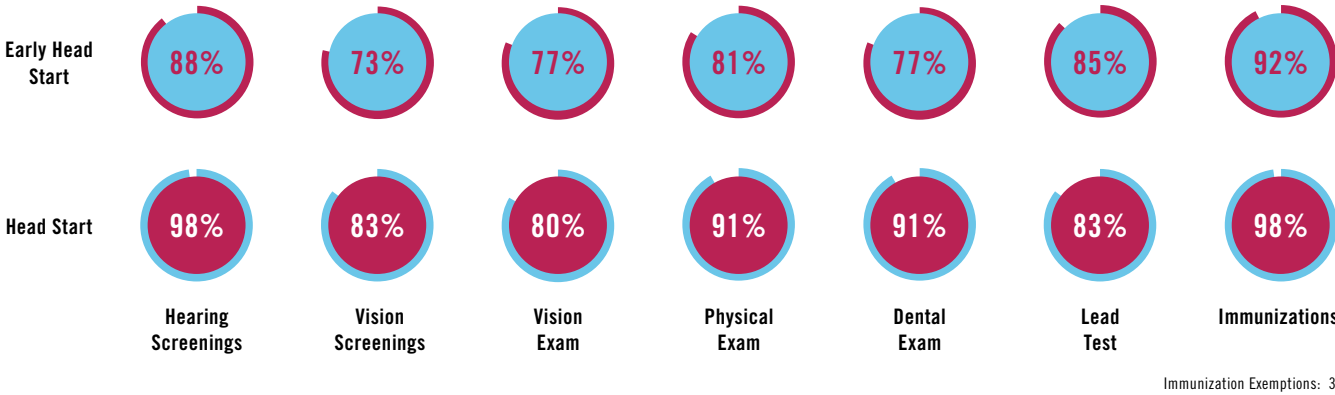
\*Class observations were suspended for Spring 2020 due to COVID-19 and quarantine order by the Governor.

Health and Mental Health Services

Our focus on health and mental health services also expanded this past school year. We were delighted to add an innovative Health and Wellness Coach position to our team. The Health and Wellness Coach began implementing action-based learning in classrooms and will expand implementation to all classrooms in the upcoming school year.

Knowing how important healthy eating is to a child’s academic development, we also implemented the nutrition curriculum, LANA, to encourage children to taste and eat more fruits and vegetables. The curriculum was an immediate success. Parents have commented that their children are coming home excited to tell them about the new foods that LANA introduced and are wanting to eat healthy foods at home.

Here’s a look at the percentage of enrolled children that received our additional health and mental health services, as well as the outcomes that resulted from their screenings and exams.



Health and Mental Health Services Outcomes (Head Start & Early Head Start)

|   |                            |                                     |
|---|----------------------------|-------------------------------------|
| Individual Education Plan Implemented: 25     | Autism: 1                  | Other Health Impairment: 1          |
| Individual Family Service Plan Implemented: 2 | Hearing Impairment: 0      | Mental Health Services Provided: 40 |
| Developmental Delay: 11                       | Orthopedic Impairment: 0   | Obese: 34                           |
| Speech Language Impairment: 1                 | Intellectual Disability: 0 |                                     |

Parent Engagement

This year was extra challenging for our Head Start parents, but they rose to the occasion and overcame many obstacles to reach their goals. Take a look at some of their exciting accomplishments.



Reaching for the Stars

Our Head Start and Early Head Start centers continue to reach for the stars, literally! Here’s an overview of each center’s NAEYC accreditation status and the rating in the STARS for KIDS NOW initiative.

| 2019/20 Centers | NAEYC Observation            | ALL STARS   |
|-----------------|------------------------------|---|
| Bardstown       | NAEYC Accredited             | ★★★★★   |
| Elizabethtown   | Working on NAEYC Application | ★★★★★   |
| Larue           | Working on NAEYC Application | ★★★★  |
| Lebanon         | NAEYC Accredited             | ★★★★★   |
| Loretto         | NAEYC Accredited             | ★★★★★   |
| Meade           | Working on NAEYC Application | ★★★★★   |
| New Haven       | Working on NAEYC Application | ★★★★★   |
| St. Monica      | Enrollment Process           | ★★★<br>will be applying for review to increase rating |
| St. Rose        | Working on NAEYC Application | ★★★★★   |
| St. Stephens    | N/A                          | ★★★★  |
| Stithton        | N/A                          | N/A   |
| West Main       | NAEYC Accredited             | ★★★★★   |



# HEAD START...

## Five Year Goals and Objectives Update

### Goal 1

Central Kentucky Community Action Council Head Start (CKCACHS) will be the Early Childhood Education model program in recruitment and retention of high-quality staff advancing continuous improvements in family outcomes and family leadership.

- By 2019, educational incentives will be developed, targeting teaching positions to increase staff hiring and retention, measured by PIR data and based on wage study and budget restraints, with implementation in August of 2020.
- By 2020, CKCACHS will raise program outcomes to enhance and develop parent career skills and educational outcomes as measured by high school diplomas, certificates, vocational trainings, or higher education degrees. (taken from outcomes entered in child plus)

- Train and enhance the mastery of staff in using the following assessment and data management tools on a regular basis: Smart Sheets, Child Plus, TSG, Frog Street AIM.
- Strengthen staff training on how to read, review, analyze and understand the data being collected.

**Update:** All reports are now pulled from ChildPlus, SmartSheets, AIM, Brigance, TSG, CLASS, and eDeca. All Family Advocates received training on ChildPlus while all Content Area Managers and Center Managers received training on SmartSheets. The Education team received training on CLASS, Frog Street AIM, TSG, and eDeca. All Special Needs Collaborators received training on Brigance. All Family Advocates and Center Managers are trained on ERSEA and receive an updated training annually. All staff received FLIP IT training and were trained on PIR, Goals and Objectives. A Quality Assurance Manager was hired in July 2019.

### Goal 3

CKCACHS will be recognized as an innovative and a prominent Early Childhood Education institution in the region.

- Strengthen community partnerships to increase kindergarten readiness and referrals.
- Allocate budget to support advertisement, marketing, increase our image and relationships with stakeholders and public.
- Continue to increase staff quality and assign top performers to program-wide responsibilities.
- Plan strategies and changes that offer staff advancement.
- Design a plan to pay competitive salary/benefits to all staff.
- Renew commitment to more participatory family engagement activities as a new program image is developed.

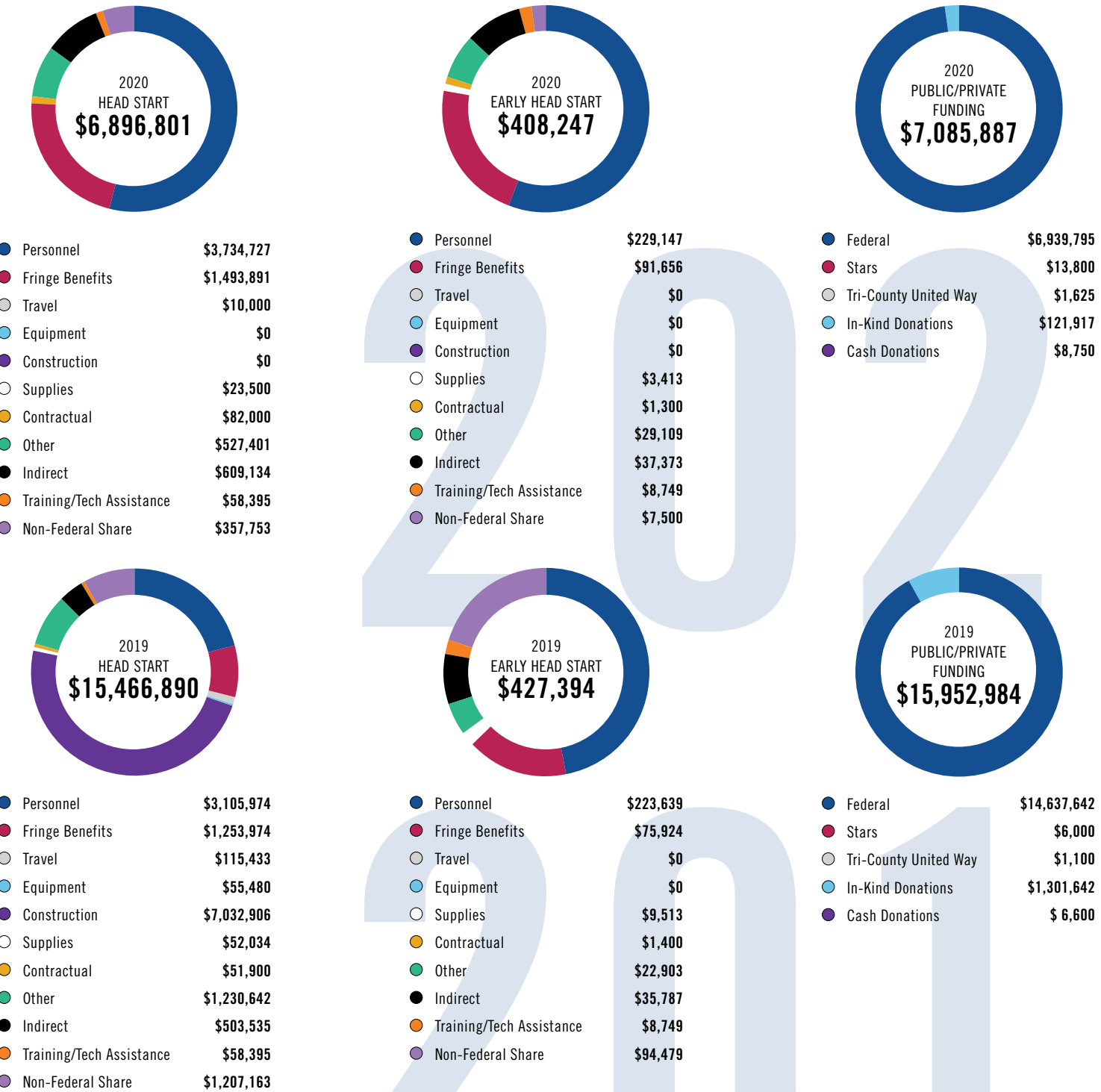
**Update:** Our goal for more participatory family engagement activities was 300. During the 2019-2020 school year, we had 288. Professional development activities were established and offered to all staff during the summer months of 2019. We implemented a Peer Teacher Coaches program/match in every center during the school year. Nine classrooms had a third person. Staff attended job fairs, monthly community partnership meetings, and quarterly agency meetings within the six-county service region.

### Goal 2

CKCACHS will lead and respond to our changing communities by becoming a data-driven organization, making research-based decisions, and taking systematic (methodical, logical, and organized) measures to enhance our services to children and families.

- Staff will be educated on proper indicators that will be collected.
- Staff will understand the validity and reliability of the data.
- All program decisions are made based on effective data analysis and data collection, organization and analysis will be basis for most important program decisions.

## Head Start and Early Head Start Two-Year Budget (For fiscal year ended October 31, 2020 & October 31, 2019)



## ANDERSON COUNTY

**Kentucky Works**  
73 C Michael Davenport Blvd. #1  
Frankfort, KY 40601  
(502) 803-3133

## BRECKINRIDGE COUNTY

**Breckinridge County Senior Citizens Center**  
205 Fairgrounds Road, P.O. Box 304  
Hardinsburg, KY 40143  
(270) 756-5668

**CKCATS & Intercity Transportation / CSBG / Kentucky Works**  
108 S. 3rd Street  
Hardinsburg, KY 40143  
(800) 242-8225  
(270) 756-6813  
(270) 259-0488

## BULLITT COUNTY

**Kentucky Works**  
505 Buffalo Run Suite 108  
Shepherdsville, KY 40165  
(270) 692-7044

## FRANKLIN COUNTY

**Kentucky Works**  
73C Michael Davenport Blvd. #1  
Frankfort, KY 40601  
(502) 803-3133

## GRAYSON COUNTY

**Grayson County Senior Citizens Center / CKCATS & Intercity Transportation**  
102 B Watkins Woods Drive  
Leitchfield, KY 42754  
(270) 259-4885  
(800) 242-8225

**CSBG / Kentucky Works / Weatherization**  
118 Wm. Thomason Byway  
Leitchfield, KY 42754  
(270) 259-3500  
(270) 259-0488  
(270) 259-0021

## HARDIN COUNTY

**Hardin County Senior Citizens Center**  
1119 Johnstown Road  
Elizabethtown, KY 42701  
(270) 982-2909

**CKCATS Senior Transportation**  
(800) 242-8225

**CSBG**  
233 Ring Road, Suite 100  
Elizabethtown, KY 42701  
(270) 234-5854

**Kentucky Works**  
950 Mulberry, Suite 260  
Elizabethtown, KY 42701  
(270) 769-0908

**Radcliff Senior Citizens Center**  
230 Freedom's Way  
Radcliff, KY 40160  
(270) 351-4079

**RSVP**  
1119 Johnstown Road  
Elizabethtown, KY 42701  
(270) 737-1059

**Elizabethtown Head Start**  
401 W. Poplar St.  
Elizabethtown, KY 42701  
(270) 900-4831

**Radcliff Head Start**  
788 South Wilson Road  
Radcliff, KY 40160  
(270) 390-4202

## LARUE COUNTY

**Larue County Senior Citizens Center / CSBG / Kentucky Works / CKCATS & Intercity Transportation**  
112 N. Walters Avenue  
Hodgenville, KY 42748  
(270) 358-4235  
(270) 358-3937  
(270) 692-7044  
(800) 242-8225

**Larue County Head Start**  
407 Miami Court  
Hodgenville, KY 42748  
(270) 358-3335

## MARION COUNTY

**Administrative Central Office / Head Start / Kentucky Works / Weatherization / CSBG**  
332 Hood Ave.  
PO Box 830  
Lebanon, KY 40033  
(270) 692-2136  
(270) 692-6411

**Lebanon Head Start / Early Head Start**  
334 Hood Ave.  
Lebanon, KY 40033  
(270) 692-4291

**Lebanon Senior Citizens Center**  
110 W. Mulberry Street  
Lebanon, KY 40033  
(270) 692-6591

**Bradfordsville Senior Citizens Center**  
115 S. 6th Street  
Bradfordsville, KY 40009  
(270) 692-6591

**Loretto Senior Citizens Center**  
200 School House Drive  
Loretto, KY 40037  
(270) 692-6591

**Loretto Head Start**  
225 School House Drive  
Loretto, KY 40037  
(270) 865-4214

**CKCATS & Intercity Transportation**  
328 Hood Ave., P.O. Box 830  
Lebanon, KY 40033  
(800) 242-8225

**West Main Head Start**  
356 West Main Street  
Lebanon, KY 40033  
(270) 692-9966

## MEADE COUNTY

**CKCATS Senior Transportation**  
(800) 242-8225

**CSBG / Kentucky Works**  
496 E. Broadway  
Brandenburg, KY 40108  
(270) 422-2545  
(270) 422-2520

**Meade County Head Start**  
6215 Brandenburg Road  
Ekron, KY 40117  
(270) 828-4417

**Senior Citizens Restaurant Voucher Program**  
(270) 756-5668

## NELSON COUNTY

**Bardstown Senior Citizens Center**  
112 Plaza Drive, Suite A  
Bardstown, KY 40004  
(502) 348-1888

**New Haven Senior Citizens Center**  
365 5th Street  
New Haven, KY 40051  
(502) 549-6501

**CKCATS & Intercity Transportation**  
122 Plaza Drive  
Bardstown, KY 40004  
(800) 242-8225

**CSBG / CCC / Kentucky Works / Bardstown Head Start**  
219 E. Muir Street  
Bardstown, KY 40004  
(502) 348-9596  
(502) 349-1134  
(270) 766-8027  
(502) 348-9240

**St. Monica's Head Start**  
407 S. Third Street  
Bardstown, KY 40004  
(502) 331-0055

**New Haven Head Start**  
11630 New Haven Road  
New Haven, KY 40051  
(502) 549-3786

## SHELBY COUNTY

**Kentucky Works**  
229 Alpine Drive  
Shelbyville, KY 40065  
(502) 633-1199  
\*Serves Henry, Oldham, Shelby, Spencer & Trimble counties

## WASHINGTON COUNTY

**Washington County Senior Citizen Center**  
206 Main Cross Street  
Springfield, KY 40069  
(859) 336-0909

**CKCATS Senior Transportation**  
(800) 242-8225

**CSBG**  
114 S. Doctor Street, Suite A  
Springfield, KY 40069  
(859) 336-7766

**Kentucky Works**  
DCBS, 803 Bel Vista Drive  
Springfield, KY 40069  
(502) 331-3275

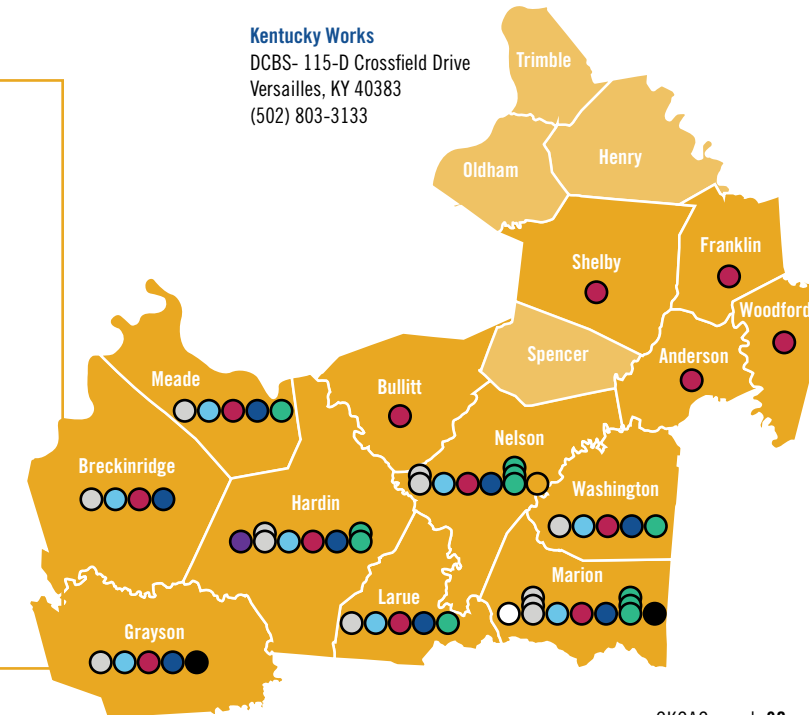
**St. Rose Head Start**  
868 Loretto Road  
Springfield, KY 40069  
(859) 481-7070

## WOODFORD COUNTY

**Kentucky Works**  
DCBS- 115-D Crossfield Drive  
Versailles, KY 40383  
(502) 803-3133

## LEGEND

- Central Office
- RSVP Office
- Senior Centers/Congregate Meals
- CKCATS Pick Up/Drop-Off Location
- Kentucky Works Office
- Emergency Services (CSBG)
- Head Start Location
- Weatherization Office
- Community Collaboration for Childrens Office





Thank You to Our Sponsors

