



It Begins With Hope. It Happens With Community Action.

2021-2022 ANNUAL IMPACT REPORT



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2021–2022

MISSION

Central Kentucky Community Action Council, Inc. provides services to meet basic needs and to empower vulnerable populations.

By increasing self-sufficiency and developing strategies to promote economic independence through partnerships and community resources.

PROMISE

Central Kentucky Community Action Council changes people's lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

EXECUTIVE DIRECTOR MESSAGE

What is poverty?

Poverty is about not having enough money to meet basic needs including food, clothing and shelter. However, poverty is more, much more than just not having enough money.

“Poverty is hunger. Poverty is lack of shelter. Poverty is being sick and not being able to see a doctor. Poverty is not having access to school and not knowing how to read. Poverty is not having a job, is fear for the future, living one day at a time.”



In addition to a lack of money, poverty is about not being able to participate in recreational activities; not being able to send children on a day trip with their schoolmates or to a birthday party; not being able to pay for medications for an illness. These are all costs of being poor. Those people who are barely able to pay for food and shelter simply cannot consider these other expenses. When people are excluded within a society, when they are not well educated and when they have a higher incidence of illness, there are negative consequences for society. We all pay the price for poverty. The increased cost on the health system, the justice system and other systems that provide support to those living in poverty has an impact on our economy.

As you will see in our annual report, Central Kentucky Community Action Council (CKCAC) changes people's lives, embodies the spirit of hope, improves communities, and makes Kentucky a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other. Thank you for your support and more to come.....much more.

Hal B. Goode

CKCAC Executive Director

Marion County Judge Executive David Daughtery

CKCAC Chairman

BOARD OF DIRECTORS

PUBLIC SECTOR DIRECTORS

Judge Maurice Lucas

Breckinridge County

Judge Kevin Henderson

Grayson County

Judge Harry L. Berry

Hardin County

Judge Blake Durrett

Larue County

Judge David Daugherty

Marion County

Board Chair

Judge Leslie Stith

Meade County

Judge Dean Watts

Nelson County—Judge Nicholas 'Nicky' Rapier appointed as his replacement

Judge Tim Graves

Washington County

PRIVATE SECTOR DIRECTORS

Mr. Andrew Adkins

Breckinridge County

Mr. Eddie Clemons

Grayson County

Ms. Nancy Addington

Grayson County

Mr. Brad Allen Turner

Larue County

Mr. John G. Mattingly

Marion County

Mayor Ronnie Joyner

Meade County

Sr. Barbara Joseph Lammers

Nelson County

Secretary

Ms. Christy Carpenter

Washington County

Treasurer

LOW INCOME REPRESENTATIVES

Ms. Diane Weaver

Breckinridge County

Ms. Cathy Ray

Grayson County

Ms. Brenda Thompson

Hardin County

Mr. Gordon Thomas

Larue County—Position to be filled

Ms. Connie Mattingly

Marion County

Ms. Robin Brown

Meade County

Ms. Shelly Lambert

Nelson County

Mr. Sam Clements

Washington County

HEAD START POLICY COUNCIL REPRESENTATIVES

Mr. Cliff Peek

Marion County

Ms. Angie Chandler

Nelson County

EMERITUS

Mr. Thomas Mahoney

Hardin County

Mr. Joseph Stewart

Marion County

Attorney at Hand



**A Special Thanks to
Our Board of Directors
Who Donate Their Time,
Contribute Their Knowledge and
Provide Ongoing Support to
Central Kentucky
Community Action's
Mission.**

FAREWELL

A special thanks and congratulations to Nelson County Board member Judge Dean Watts who retired at the end of July 2022. Judge Watts is revered by many for helping CKCAC be here today. We thank him for his commitment to Nelson County and Community Action.

REST IN PEACE

Gordon Earl Thomas, CKCAC's past Board Chair and current Board Member, passed away unexpectedly on July 7, 2022, at his residence in Hodgenville, Kentucky. Mr. Thomas was a huge supporter of Community Action and the many programs; everyone loved Gordon. We're going to miss him dearly. See you again one day, Friend.

STAFF



Mr. Hal B. Goode
Executive Director



Ms. Jami Sandusky
Assistant Executive
Director & CFO



Ms. Mary Jane Tungate
Human Resources Manager



Ms. Christina Sanders
Human Resources
Assistant



Ms. Kathy L. Hagan
Administrative Assistant



Ms. Jessica Miles
CISO



Ms. Gretta Allen
A/P Supervisor &
Head Start Specialist



Ms. Amanda Wheatley
Payroll Coordinator &
Tax Specialist



Ms. Kathy Isaacs
Finance Assistant



Ms. Mary Helen Scott
Accounts Receivable/
Accounts Payable Clerk



Ms. Ronda Bertrand
Community Collaboration
for Children Director



Ms. Melissa Bland
Retired Seniors Volunteer
Director



Ms. Courtney Campbell
Senior Companion Director



Ms. Ellen Leake
Community Services Block
Grant Director & Agency
Operations Officer



Mr. David Lindsey
Weatherization Director



Ms. Tancy Morris
Congregate Meals Director



Ms. Cathy Sparrow
Family Child Care Homes/
Unaffiliated Centers Director



Ms. Tammy Stanley
Head Start Director



Ms. Kerri Taylor
Community Action
Transportation Services Director



Mr. Tommy Wheatley
Kentucky Works Director

2021-2022 CONTRIBUTORS

Helping To Turn Hope Into Reality

BUSINESS DONORS

Abbey of Gethsemane
Addiction Recovery Care
Amazon Smile
American Legion Auxiliary Unit 42 Inc.
Bethel United Methodist Church
Brandenburg United Methodist Church
Breckinridge County Fiscal Court
Chaser's Restaurant
City of Springfield
Clark Brothers Transport, Inc.
Fat Daddy's Grill
Freedom Cumberland Presbyterian Church
Gardner's Auto Sales
Hardin County Fiscal Court
Hardinsburg Baptist Church
Harned United Methodist Church
Knights of Columbus Charity Lebanon, KY
Kroger
Larue County Church of Christ
Larue County Fiscal Court
Leitchfield United Methodist Church
Marion County Cattleman's Association
Meade County High School
Menasha Corporation Foundation
Mid America Assistance Coalition
Neel Restaurants, LLC
Nelson Christian Church
Nelson County Fiscal Court

Optimist Club
Potter's Hope Ministries
Public Entity Insurance
Sisters of Charity of Nazareth
Society of St. Vincent De Paul
Sonrise Ministry
Southern States
Springfield Presbyterian Church
Spring view Hospital
St. Augustine Church
St. Vincent De Paul Church
St. Monica Church
St. Rose of Lima Church
Stewart's Creek Baptist Church
St. Vincent De Paul Conference of St. Dominic
T & T Construction
Think Packaging
Tri-County United Way
University of Kentucky
Veterans of Foreign Wars Post #5910

INDIVIDUAL DONORS

Bobby Gardner
Chad and Kandice Spalding
Dr. Brian and Lorraine Scott
Ellen B. Leake
Helen Mattingly
P.E. Billings, Jr. DVM
Pastor James Qualls

A FEW EXAMPLES OF WHAT YOUR DONATIONS, GRANTS & OTHER FUNDING MADE POSSIBLE FOR FISCAL YEAR 2021-2022

2,717 LIHWAP

APPLICATIONS WERE
PROCESSED REPRESENTING
\$696K IN ASSISTANCE

550

SENIORS RECEIVED A
SENIOR COMMODITY
BOX EACH MONTH

OVER \$4.6M

IN LIHEAP FUNDS HELPED
OFFSET UTILITY COSTS FOR
STRUGGLING FAMILIES

11,438

HOURS OF SERVICE DONATED
BY RSVP VOLUNTEERS,
WORTH \$342,568

957 SENIORS

MAINTAINED AN
INDEPENDENT LIVING
SITUATION

75,774 CKCATS TRIPS
WERE MADE COVERING
1,770,121 MILES

**477 VETERAN
CKCATS TRIPS**

571 CHILDREN

WERE GIVEN AN ACADEMIC
FOUNDATION THROUGH
HEAD START

23

CHILDREN RECEIVED BEDS
THROUGH BUILD-A-BED
PROGRAM

OVER 700

PRE-SCHOOL AGE CHILDREN
RECEIVED NUTRITIOUS MEALS
AND SNACKS THROUGH CHILD-
CARES SPONSORED BY CKCAC

12

HOMES RECEIVED
WEATHERIZATION
SERVICES

58,487 MEALS

WERE SERVED TO SENIORS
IN CENTRAL KENTUCKY

6,118

MEAL VOUCHERS WERE
REDEEMED BY MEADE
COUNTY RESIDENTS

959

PEOPLE OBTAINED
SAFE AND AFFORDABLE
HOUSING

337

UNEMPLOYED ADULTS
OBTAINED OR RETAINED
EMPLOYMENT FOR AT
LEAST 90 DAYS

FISCAL YEAR HIGHLIGHTS

JULY 2021



One of our Garden Program participants & her son shared their flourishing fruits and vegetables with two other families by donating food to their households.

AUG 2021

Head Start opened back up for in-person classes. Some classes were temporarily shut-down due to quarantine but they did what they could to stay open for in-person learning.

SEPT 2021



CKCAC Executive Director Hal B. Goode spoke at the Kentucky County Judge Executive Association in Lexington. Goode & his colleagues spoke to the group about the many different Community Action programs.

OCT 2021

Head Start’s Parent, Family & Community Engagement Manager Stephanie Harrison received the “I AM HER’ award in Bardstown, KY.



NOV 2021



CKCAC purchased a new Hardinsburg building for Breckinridge County CSBG, CATS & Kentucky Works programs.

The Lebanon Knights of Columbus held their annual 24-hour food drive to fill the CKCAC Head Start bus with food for those in need & made a financial donation.

DEC 2021



Marion County High School collected over 3000 cans of food to be delivered By CKCAC to our counterparts in Mayfield, The Western Kentucky Allied Community Action for distribution.

Lebanon’s R.L. Schreiber Spice Company & their employees collected & donated gifts for the those in need.



JAN 2022



CSBG offers LIHWAP Water Subsidy for the first time in addition to LIHEAP Electric Subsidy.

Thanks to an approved grant, CKCAC was able to offer free First Aid/CPR with Epi pen and Blood Borne Pathogens training classes to the public throughout our 8 local counties from February through June 2022.



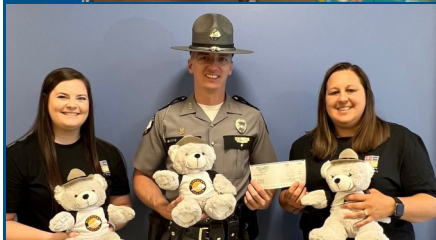
FEB 2022

MAR 2022



Monument Chemical Kentucky & their employees in Brandenburg held a Diaper Drive to donate to local families in need through our Meade County CKCAC Center.

New Lebanon Senior Center held a Ribbon Cutting/Open House.



\$3,000 raised for Trooper Teddy Program by CCC & Head Start to raise awareness during Child Abuse Prevention Month



APR 2022

MAY 2022



The VFW Post No. 5910 donated \$500 to CKCAC's Lebanon & Springfield Senior Centers.

Kentucky Governor Beshear & local Judges proclaimed May 2022 Community Action Month.

Head Start turned 57 & Springfield & Lebanon Head Start had Ribbon Cuttings/Open Houses.



CKCAC's Assistant Executive Director & CFO Jami Sandusky was awarded the Marion County Citizen of the Year by the Chamber of Commerce. Pictured are Jami and her husband Robert.



JUNE 2022





FINANCIAL POSITION & ACTIVITIES

FOR FISCAL YEAR ENDED JUNE 30, 2022

ASSETS

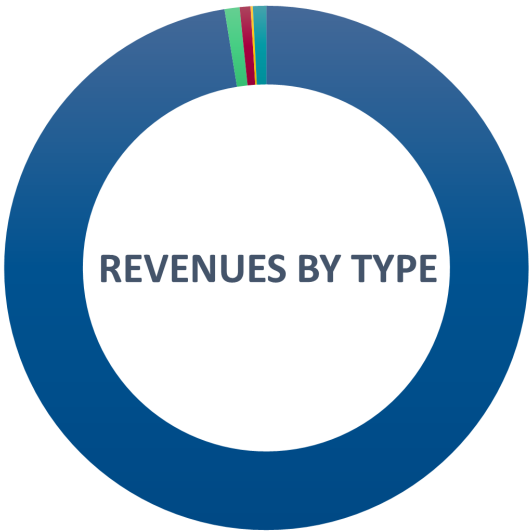
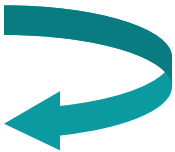
Current Assets	
Cash (Note B)	\$ 1,214,958
Restricted Cash	\$ 4,770,781
Total Cash	\$ 5,985,739
Grants Receivable (Note C)	\$ 1,527,342
Other Receivables	\$ 295,111
Other Current Assets	\$ 56,335
Total Current Assets	\$ 7,864,527
Land	\$ 548,539
Property and Equipment (Notes A-2 & D)	\$15,517,221
Construction in Progress (Note D)	\$ 7,840
Accumulated Depreciation	\$(4,197,072)
Total Net Land, Property, and Equipment	\$11,876,528
Total Assets	\$19,741,055

LIABILITIES & NET ASSETS

Current Liabilities	
Accounts Payable	\$ 767,082
Accrued Salaries & Wages	\$ 509,863
Accrued Retirement	\$ 135,978
Current Portion of Capital Lease Obligation (Note J)	\$ 29,404
Other Liabilities	\$ 206,162
Refundable Advances (Note A-5 & O)	\$ 4,777,981
Total Current Liabilities	\$ 6,426,470
Capital Lease Obligation (Note J)	\$ 161,709
Total Liabilities	\$ 6,588,179
Net Assets	
Without Donor Restrictions	\$ 1,972,110
With Donor Restrictions	\$11,180,766
Total Net Assets	\$13,152,876
Total Liabilities & Net Assets	\$19,741,055

Net Assets—Beginning of Fiscal Year \$11,922,147

Net Assets—End of Fiscal Year \$13,152,876



Total Revenues, Gains, and Other Support	\$22,376,421
● Grant and Contract Income	\$21,803,630
● Contributions	\$207,824
● Client Fees	\$148,866
● Miscellaneous Income	\$30,579
● Interest Income	\$466
● In-Kind Income	\$185,056



Total Expenses By Program	\$21,145,692
● Kentucky Works	\$625,259
● Head Start	\$6,785,217
● Child Care Development Block Grant	\$640,229
● CSBG	\$1,095,520
● Transportation - 5311	\$3,200,067
● LIHEAP	\$5,735,576
● Congregate Meals	\$576,022
● Unaffiliated Centers	\$720,362
● Other Programs	\$1,767,440

HEAD START & EARLY HEAD START BUDGET



● OHS CRRSAA	\$148,679
● OHS ARPA	\$591,071
● OHS Continuation Grant	\$8,142,158
● OHS Training and Tech Assistance	\$67,144
● CARES Act	\$47,463
● USDA-CACFP	\$149,630
● STARS	\$113,432
● Non-Federal Share Match (In-Kind)	\$187,186



● Personal	\$2,859,935
● Fringe Benefits	\$1,273,379
● Contractual	\$66,610
● Equipment	\$193,034
● Travel & Transportation	\$62,350
● Supplies	\$261,102
● Non-Federal Share	\$182,795
● Indirect Costs	\$469,396
● Other	\$308,127
● USDA-CACFP	\$113,249
● STARS	\$113,432
● Training/Tech Assistance	\$27,891
● Facilities	\$1,381,858



● Personal	\$172,298
● Fringe Benefits	\$68,089
● Contractual	\$1,676
● Equipment	\$0
● Travel & Transportation	\$0
● Supplies	\$19,297
● Non-Federal Share	\$4,392
● Indirect Costs	\$26,550
● Other	\$18,694
● USDA-CACFP	\$36,381
● STARS	\$0
● Training/Tech Assistance	\$1,843



HEAD START

Back to Basics

Returning to normal operations following the pandemic has been a wonderful opportunity but has come with many challenges. Central Kentucky Head Start has spent this past year getting back to our basics of having highly-trained staff serving children and families to the best of our abilities.

The first step in this process has been to dedicate resources to employ the best staff that we can. Central Kentucky Head Start is excited to announce that every position within our program makes at least \$13 per hour. Central Kentucky Head Start has also invested heavily in training for staff over this past year. We know that the key to providing successful services to our children and families is to have a well-trained and well-compensated workforce. We will always have room to grow, but Central Kentucky Head Start has made this a top priority.

Central Kentucky Head Start has invested significant resources in increasing our transportation offerings for children and families. We know that in order to serve the neediest families in our communities that transportation is essential. Central Kentucky Head Start has created an in-house Commercial Driver's License (CDL) program in partnership with a local school district to help build the pipeline of bus drivers in our program. We are still in need of more bus drivers, so if you know anybody who wants to get paid to train and become a bus driver, please let us know!

Central Kentucky Head Start has also embarked on a rebranding effort that includes a refreshed website (www.CKYHS.org). Ensuring that our current and prospective families and employees can easily identify Central Kentucky Head Start is crucial for us to raise awareness of our opportunities and remain competitive in our communities.

Central Kentucky Head Start's mission is to deliver quality education for children and families to be school ready while engaging partnerships and community resources. We seek to fulfill this mission on a daily basis and have rededicated ourselves to this mission this past year.





Providing Children with a Head Start

For over 50 years, Central Kentucky Community Action Council, Inc. Head Start (CKCACHS) has provided quality, comprehensive preschool education and family services to at-risk children and families. The CKCACHS Program is funded for 470 Head Start children and 24 Early Head Start children and their families throughout the six counties of Hardin, Larue, Marion, Meade, Nelson, and Washington. CKCACHS provides a full-day center-based educational program for preschool children from 24 months to 4 years of age and family engagement services focusing on the needs of each family. Our services support early learning, social, emotional, health, nutrition, psychological, and overall family well-being needs. In our commitment to provide quality services, three of our centers have received accreditation from the National Association for the Education of Young Children (NAEYC). We collaborate and engage with community partners to have a strong community presence in the counties we serve. Knowing that parents are a child's first and most important teacher, CKCACHS engages parents as partners to foster the future success of the child and the family unit as a whole.



Taking a Positive Approach

Throughout the COVID-19 pandemic, Central Kentucky Community Action's Head Start staff united to ensure the children and their families received services without interruption. The Head Start and Early Head Start programs began the 2021-2022 school year on a positive note. Students, families, and employees were grateful for in-person instruction and were hopeful to continue in this manner. The January 2022 deadline for the COVID-19 vaccination being mandated for all Head Start staff was a concern initially; however, over 95% of our staff were fully vaccinated as of December 2021 and 100% were in January 2022 upon our return from the holiday break. Head Start and Early Head Start also met full enrollment for our 494 slots in spite of COVID-19, and recruitment efforts for next academic year are in full swing.

Parents and teachers, as a community, worked together to support their children emotionally and academically. Researched based curriculums such as Frog Street Press, Second Steps, and Conscious Discipline made a difference as we engaged children during the Global Pandemic to manage the new norm. Safety procedures were established according to CDC guidelines and carried out in all of our Head Start locations to include masks requirements when counties were at the red or orange level in accordance to reported COVID cases.

Based on reflective surveys and open communication, Head Start and Early Head Start administration implemented strategies that not only benefited the families and their children but also supported the employees. One big change for this school year was the addition of a third teacher in each classroom in our region. This was not only another way to ensure the safety of children throughout the day but also allowed for more one-on-one academic time.

2021-2022 School Readiness

Head Start employees were dedicated to providing services to our children and families for the 2021-2022 school year. School Readiness data is collected and based on 5 developmental domains: *Approaches to Learning, Social Emotional, Language and Literacy, Cognition, and Physical Development*. Based on observations and assessments, the Head Start program not only met their annual School Readiness Goals but exceeded them.

2021-2022

	HEAD START	EARLY HEAD START
TOTAL FUNDED ENROLLMENT	470	24
TOTAL NUMBER OF CHILDREN SERVED	537	36
TOTAL NUMBER OF FAMILIES SERVED	493	32
AVERAGE MONTHLY ENROLLMENT	470	24
PERCENTAGE OF ELIGIBLE CHILDREN SERVED	91%	100%
NUMBER OF ENROLLED CHILDREN RECEIVING DENTAL EXAMS	341	30
NUMBER OF CHILDREN RECEIVING MEDICAL EXAMS	229	20

FAMILY SUPPORT/PARENT ENGAGEMENT

Building Relationships with Families

The Head Start and Early Head Start team worked hard to grow and foster new skills and relationships with parents. Many new faces have joined our team and are learning to implement the Head Start Program Performance Standards to fidelity. The program has implemented a new assessment tool through Child Plus that has allowed our education staff to assess children's developmental abilities quickly and easily. The Desired Results Developmental Profile (DRDP) provides easy to understand information and data to share with families and guardians. This is just one way we strive to build strong relationships with families. The data highlights the program's strengths and allows for changes to be made for effective facilitation.

Parent University

Head Start continues to build on established activities for families. For example, Head Start Parent University was hosted this past Fall 2021 and started again in Spring 2022 for parents. What exactly is Head Start Parent University? Head Start Parent University is a series of workshops held at the Head Start Family Enrichment Center and via Zoom which are led by community partners. It's a community collaborative that supports parents as full partners in their children's education, as well as providing an opportunity for parents to explore interests and gain knowledge. The program offers free courses, family events, and activities to foster new/additional skills, knowledge, resources and confidence. Topics for Parent University have included financial management, healthy eating, and effective parenting. Individuals from the community who have a topic he/she would like to present to Head Start and Early Head Start families are encouraged to contact Head Start; we would love to have your expertise. As September 2021, students began learning about their senses, feelings, and families. Learning more about ourselves, our community, and the world around us leads to children who are more compassionate and resilient. The ultimate goal of Parent University is to raise children who are successful in school and in life.

Head Start Parent Meetings & Special Events

Central Kentucky's Head Start (CKYHS) engages families of our Head Start students through parent meetings and activities in each of our centers. Parent meetings were held monthly in each of our centers. Special events such as "Boo Hoo/Yahoo Breakfast," "Night at the Museum," and "Blast Off to Kindergarten" were held in our centers. This past school year CKYHS collaborated with parents and community partners to host 80 parent meetings and 43 special events or activities.





Leading the Way in Innovation

During Kentucky Community Action Partnerships' annual conference in June 2022, Central Kentucky Community Action's Head Start was awarded the Innovation in Community Action Award for the solar panels installed at three agency-built Head Start Centers in Hardin, Marion, and Washington Counties.

CKCAC is proud to be a model for our communities on the importance of renewable energy and feels that the investment in solar panels for these Head Start Centers is not only innovative but that shifting our reliance away from fossil fuel consumption to renewable energy is a prudent decision for Community Action Agencies and Head Start, specifically.



Community Collaboration for Children In-Home Program

Community Collaboration for Children (CCC) In-Home focuses on the needs of children and families. Our mission is to educate, empower, and connect families to local resources and supports while promoting a nurturing, stable, and safe home environment. Services are developed that teach problem-solving skills, discuss appropriate discipline skills, assists parents in becoming more self-sufficient and coordinating available resources. Families complete the Nurturing Parenting curriculum within the 12-week program.

Parent Engagement Meetings

Parent Engagement Meetings (PEMS) target elementary school-aged children to define barriers to attendance, identify strengths and needs, develop a plan of action, and strive to prevent the family from being unnecessarily involved in the child welfare system. It is our intent that this diversion program act as a preventative intervention to reduce referrals to CPS for educational neglect. This service is intended for children who are considered chronically truant (three or more unexcused absences). The PEMS are currently being offered in Marion County elementary schools in Calvary, Glasscock, Lebanon, and West Marion.

Trail of Hope Regional Network

The Trail of Hope Regional Network was able to meet in person again for the first time in two years on May 18, 2022, to discuss major topics. It was nice to get back to in-person meetings/discussions following the pandemic. The Regional Network is comprised of community partners from all areas of the Lincoln Trail region who come together to build awareness and educate communities regarding child abuse and neglect. Additional goals include collaborating within communities, strengthening and supporting families, building parent leadership, and promoting responsible fatherhood.

Community Collaboration for Children Partnerships

The CCC Program partners with other groups/agencies to advocate for children and families, including:

- **Cakes4Kids**—Cakes4Kids is powered by a group of volunteers who donate all the ingredients and supplies to bake cakes for the youth in their own homes and then deliver them to our partner agencies who support the youth. We delivered 15 cakes to children for fiscal year ending June 2022.
- **Build-A-Bed Program**—The Trail of Hope Regional Network's Build-A-Bed program was extremely busy getting 23 beds to families. The Nelson and Marion ATC school built beds for us in the past, but because of the higher cost of lumber since the pandemic, the beds have been purchased. A big thanks to St. Vincent de Paul for making mattresses available for these families.



90%
OF FAMILIES REPORTED
THEY ARE MAINTAINING
OR IMPROVING ON
THE SKILLS LEARNED
WHILE COMPLETING
THE CCC PROGRAM



Family Child Care Homes/Unaffiliated Childcare Centers

Central Kentucky Community Action sponsors Family Child Care Homes and Unaffiliated Childcare Centers through the USDA's Child and Adult Care Program (CACFP). The goal is to improve the health and nutrition of children and adults in the program while promoting the development of good eating habits through nutrition education. The CACFP meal patterns help to ensure children and adults receive wholesome and nutritious meals by focusing on providing a variety of nutrient-dense foods such as whole grain, vegetables, fruits, and fat-free and low-fat milk, while reducing added sugars and fat. Sponsored child care centers and family child care homes in our region receive reimbursements to help offset the costs of serving nutritious meals and snacks to children in their care. All centers/homes participating in the program typically receive annual onsite training for staff as well as three unannounced onsite monitor reviews. However, due to the COVID pandemic, training and monitor reviews for the last two years were conducted via Facetime, Zoom or texts. We also saw the closing of some daycares due to on-going quarantine issues, which affected our program numbers slightly. Despite the pandemic, our agency has remained engaged with our current daycare centers and home centers via calls, texts, Facetime and/or Zoom, and continues to seek out additional centers/homes to sign up for the nutritional and monetary benefits of this program. We currently serve 25 daycare centers and 23 at-home centers, with a total of over 700 children receiving healthy, nutritious meals and snacks through this program. Many certified child care homes can qualify for this reimbursement program as well as many day care centers across the state, so we look forward to continuing to grow our sponsorship of this program. It not only contributes to the wellness, healthy growth, and development of young children, but it exposes them to nutritious food choices and creates good eating habits for them to build upon throughout their lives.

Head Start & Early Head Start Serving Nutritious Meals

Central Kentucky Head Start & Early Head Start Programs are committed to providing nutritious meals and snacks to our children. Healthy eating is essential for a child's health, growth and development. Central Kentucky Head Start receives funding through the USDA's Child and Adult Care Food Program (CACFP) to provide nutritious breakfasts, lunches, and snacks to Head Start and Early Head Start children daily. Following the CACFP meal and snack requirements enables Head Start to ensure the dietary needs of our children are being met while in our care. Central Kentucky Head Start also works with families to educate on healthy eating habits and how nourishment is essential to the health and well-being of children and the entire family.



COMMUNITY SERVICES

The Community Services Block Grant program continues its work from being an immediate emergency assistance provider to becoming a program that really helps the families of low-income change their lives. Although we continue to provide emergency assistance, we also assist with budgeting, developing family goal plans, and strategies to avoid future emergencies. As we work with families to develop strategies to prevent future emergencies, tips such as budget billing, paying your rent first, shopping at less expensive stores, and controlling impulsive spending are helpful and sometimes well received. Those not working are encouraged to find employment. Our employment and education programs can assist with small barriers to gaining full time employment or better employment. How do we help? It can be partial assistance with a CNA, CDL class, or proper clothing and shoes for a new job, gas for transportation to work for a week.



14,023
FOOD BOXES
WERE DISTRIBUTED

\$4.8 MILLION
IN ASSISTANCE WAS USED TO
OFFSET UTILITY COSTS FOR
STRUGGLING FAMILIES

17,673
UNDUPLICATED
HOUSEHOLDS SERVED

181
HOUSEHOLDS
AVOIDED EVICTION

337
UNEMPLOYED ADULTS
OBTAINED/RETRAINED
EMPLOYMENT FOR AT
LEAST 90 DAYS

1,286

MAINTAINED SAFE,
AFFORDABLE HOUSING
FOR 90 DAYS

419

CHILDREN BENEFITTED
FROM YOUTH ENRICHMENT
ACTIVITIES

403

CHILDREN PARTICIPATED
IN OUR BACKPACK
SNACK PROGRAM

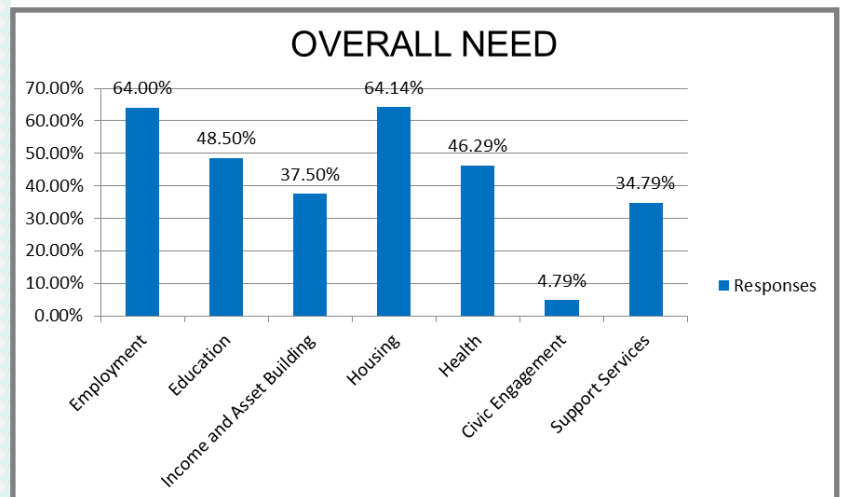
267

COMMUNITY/INDIVIDUAL
GARDEN PROJECTS
WERE FUNDED



Community Needs Assessment

Central Kentucky Community Action's annual community-wide needs assessment provides our team with input from local residents to help us better gauge the needs of the community going forward. Based on this year's survey, the top five areas of need are Housing, Employment, Education, Health and Income/Asset Building. The chart below indicates the percentages for each. This information will enable us to cater our programs to better suit the community needs in the new fiscal year.



HOME ENERGY

LIHEAP

4,085 FAMILIES

\$1,504,900 AWARDED

SUMMER COOLING SUBSIDY (JULY-SEPT.)

2,027 FAMILIES

\$565,819 AWARDED

SUMMER COOLING CRISIS (JULY-SEPT.)

3,287 FAMILIES

\$565,550 AWARDED

FALL SUBSIDY (NOV.-DEC.)

3,644 FAMILIES

\$1,547,885 AWARDED

CRISIS (JAN.-APR.)

2,632 FAMILIES

\$447,200 AWARDED

SPRING SUBSIDY (MAY-JUNE)

LIHWAP

\$696,212 AWARDED

LIHEAP Expands to include LIHWAP

In addition to the Low Income Home Energy Assistance Program (LIHEAP) which offers payment assistance for home heating and cooling costs and is offered during four seasonal enrollment periods to meet the year-round need, Community Action offered the Low Income Household Water Assistance Program (LIHWAP) for the first time this year. LIHWAP is designed to assist eligible Kentucky households with their water and wastewater costs. Income eligibility for the program was up to and including 150% of the Federal Poverty Guidelines. Benefits were paid directly to the household's water service vendor. Applications were accepted during the enrollment period of January 10 through June 1, 2022, or until designated funds were depleted on a first-come, first-served basis. It has a subsidy and a crisis component. Individuals could receive up to a \$200 credit subsidy and/or up to \$800 to alleviate the crisis if they were past due or had a disconnect notice with their water.

These two programs helped offer relief to thousands of families who are still recovering from the affects of the pandemic.

Weatherization Assistance Program

Central Kentucky Community Action's Weatherization Program (WX) completed the Fiscal Year 2021/22 with 21 jobs deferred and 12 jobs completed. CKCAC's weatherization program received both compliance and technical monitoring this year with good reviews. Reviews show great improvements to the program in both technical and field monitoring. The Weatherization Program has 51 clients on the waiting list for weatherization services to start during the 2022/23 Fiscal Year. Our goal with weatherization is to continue to reduce energy waste and assure the health and safety of each client we serve through testing consisting of: aliening air and thermal boundaries, pressure diagnostics, heating system diagnostics, indoor air quality, and base load energy consumption diagnostics.

The Weatherization Program is fully staffed with an in-house crew, and we are utilizing contractors to perform HVAC and Electrical work to the dwellings receiving services. We look forward to the future of the new contract year of CKCAC's Weatherization Program to progress as we continually strive to better serve our 8-county service area.

Central Kentucky Community Action Council has leveraged funds from utilities to expand the reach of the Weatherization Assistance Program. In the new fiscal year, we are leveraging funding from DOE, LIHEAP, ATMOS, East Kentucky Power, Big Rivers Electric, Kentucky Utilities, and Louisville

EMPLOYMENT

PATH TO SUCCESS



Kentucky Works Program

The Kentucky Works Program supports the Kentucky Transitional Assistance Program (K-TAP) and Supplemental Nutrition Assistance Program (SNAP) in the following Kentucky counties: Anderson, Breckinridge, Bullitt, Franklin, Grayson, Hardin, Henry, Larue, Marion, Meade, Nelson, Oldham, Shelby, Spencer, Trimble, Washington, and Woodford. Our goal is to assess these individuals to identify barriers and work to overcome those barriers to make them self-sufficient. We also have job readiness classes to help with resumes, job search, job interviews, etc.

COVID-19 had a significant impact on both of our programs. The state of Kentucky implemented a state of emergency with a “Good Cause Exemption” where clients are not required to participate in the programs. This was in effect through June 30, 2022 and impacted how many K-TAP recipients were willing to participate in the Kentucky Works Program. We served 26 clients in the K-Tap program for the fiscal year ending June 30, 2022.

On the SNAP Employment and Training program we continued to reach out to these clients and complete assessments when they were referred to us. We had 1,063 referrals for the SNAP program during the fiscal year.

We continue to see an impact with COVID on our Work Experience Program sites as some of them are still unable to accept our referrals. We have 123 sites in our 17 counties that we send our clients and as of June, 2022, only 60 are open and/or willing to accept referrals due to COVID-19. Staff visited these sites in June to update paperwork and check to see if they were needing workers.

SUCCESS

TRANSPORTATION

Community Transportation

Central Kentucky Community Action Transportation Services (CKCATS) provides safe and reliable public transportation service. We provide quick and efficient transportation services to a variety of locations including doctor's offices, physical therapy, grocery stores, pharmacies, senior centers and more. CKCATS can also ensure reliable transportation to and from places of employment, job training sites and educational programs.

CKCATS had an increase of a little over 70% in trips from last fiscal year's 44,267. This increase can be partially attributed to the lowered COVID numbers and lifted restrictions in the Lincoln Trail area during this fiscal year. We anticipate the CKCATS numbers will continue to rise as the community feels more comfortable going out in public and using public transportation again.

Intercity Transportation

CKCATS offers public transportation services to get you to and/or from the bus depots or airports in Kentucky. CKCATS provides door-to-door service in a five-county area, including Breckinridge, Grayson, Larue, Marion and Nelson counties with destinations to many points within Kentucky. With the decline in COVID cases, we saw a slight increase in intercity travel with 2,256 trips compared to just under 2,000 last fiscal year. We anticipate this number will continue to grow as the pandemic winds down and the community feels more comfortable with traveling again.



The CKCATS team helped Community Action and Lincoln Trail deliver water and shelf meals to our senior citizens in Mayfield, KY, following the devastation that occurred in the area from the tornadoes December 10, 2021.



75,774

TRIPS

1,770,121

MILES

2,256

INTERCITY CONNECTION
TRIPS

477

VETERAN TRIPS

12,054

SENIOR CITIZEN TRIPS

284

SENIORS ENROLLED IN
SENIOR TRANSPORTATION
PROGRAM

CKCATS Team Wins Awards

Congratulations to our CKCATS Transportation Department on winning the **Outstanding Section 5311 Rural Public Transportation System Award** and the **Most Efficient Award for Lowest Cost Per Mile for 2021**. We appreciate all your hard work. Thank you for all your dedication in 2021.



Farewell

Dianne Mattingly retired at the end of December 2021 from her role as the CKCATS Director. Her Community Action family thanks her for her years of service and wishes her farewell as she enjoys her well-earned retirement.



Welcome

Community Action welcomed Kerri Taylor as the new CKCATS Director in January 2022. Ms. Taylor has been at Community Action for 12+ years and brings a vast amount of knowledge to her new role leading the CKCATS team.

SENIOR SUPPORT

Senior Companion Program Volunteers are Happy to be Back to In-person Volunteering

The Senior Companion Program (SCP) serves six counties, which includes Breckinridge, Grayson, Hardin, Marion, Nelson and Washington, and currently has 18 serving volunteers. The program is designed to help Senior clients with loneliness, self-esteem, problem solving, and to provide personal assistance. Simply put, the SCP volunteers offer friendship and kindness to clients who may have difficulty with daily living tasks. The companionship is mutually beneficial for the Senior clients and for the Senior volunteers.

The pandemic created challenges for many of Community Action's serving programs including the Senior Companion Program. Monthly in-service trainings began again at the end of March 2022. Both the volunteers and clients were excited to see each other when in-home services began after being suspended for over two years due to COVID-19. Senior Companion Program Director Courtney Campbell says it's her top priority to continue to gain more SCP volunteers and clients. She's already seeing an influx of interest, which is great news for the much needed Senior program.

SENIOR

VOLUNTEERS

Retired & Senior Volunteer Program (RSVP) Still Making a Difference

The AmeriCorps Seniors RSVP program pairs thousands of Americans aged 55 and older with organizations making change in communities across the United States. RSVP currently has 107 volunteers ranging in age from 57 to 93, with 77 volunteers serving in Hardin County and 30 serving in Nelson County. There are currently 19 workstations; 14 are in Hardin County and 5 are in Nelson County. The RSVP volunteers can work as many or few hours as they would like to help local non-profit organizations, public agencies and/or faith-based groups who need help to meet the rising demand for services. The RSVP program is two-fold; it is providing organizations/groups with productive, skillful Seniors who still have a lot to offer to their communities, while benefitting the volunteers by staying active, being social and feeling connected to the community for which they are serving.



Congregate Meal Program Continues to Serve In-Person and Drive-Thru Meals

The Congregate Meal Program provides free, hot, nutritious meals Monday through Friday in ten Senior Centers located in the Lincoln Trail area for Senior citizens who are age 60 or older. A 24-hour advance notice is required to reserve a meal. **From July 1, 2021 – June 30, 2022, we served 58,487 Congregate meals to 755 unduplicated clients.** Below is a breakdown of where those meals were served:

Bardstown- 15,297 meals to 205 clients
Bradfordsville – 350 meals to 19 clients
Grayson – 4,043 meals to 66 clients
Griffin Manor – 6,362 meals to 62 clients
Breckinridge – 4,924 meals to 59 clients
Larue – 4,567 meals to 57 clients
Lebanon – 13,916 meals to 182 clients
Loretto – 62 meals to 10 clients
New Haven – 458 meals to 11 clients
Radcliff – 2,688 meals to 44 clients
Washington – 5,816 meals to 44 clients

Meade County Seniors are offered a local restaurant voucher since the Congregate meals are not currently available in their area. **From July 1, 2021 – June 30, 2022, 6,118 vouchers were used to redeem meals at Home Plate in Brandenburg by 229 unduplicated participants.** This voucher program continues to grow. We meet at the library in Brandenburg on the last Thursday of every month to distribute vouchers.

FAREWELL: Gloria Graves at the Washington County Senior Center has retired. Thank you Gloria for your service to Central Kentucky Community Action Council and the Washington County Senior Center. We wish you the very best!

OFFICE LOCATIONS

ANDERSON COUNTY

Kentucky Works Services Only*

73 C Michael Davenport Blvd. #1

Frankfort, KY 40601

(502) 803-3133

* Serves Anderson, Franklin & Larue Counties

BRECKINRIDGE COUNTY

Breckinridge County Senior Citizens Center

205 Fairgrounds Road/PO Box 304

Hardinsburg, KY 40143

(270) 756-5668

CKCATS & Intercity Transportation / CSBG /

Kentucky Works

189 Ball Park Road

Hardinsburg, KY 40143

(800) 242-8225 / (270) 756-6813 / (270) 580-4160

BULLITT COUNTY

Kentucky Works Services Only

445 KY-44, Suite 209

Shepherdsville, KY 401601

(270) 692-7044

FRANKLIN COUNTY

Kentucky Works Services Only*

73 C Michael Davenport Blvd. #1

Frankfort, KY 40601

(502) 803-3133

* Serves Anderson, Franklin & Larue Counties

GRAYSON COUNTY

Grayson Co. Senior Citizens Center / CKCATS &

Intercity Transportation

102 B Watkins Woods Drive

Leitchfield, KY 42754

(270) 259-4885 / (800) 242-8225

CSBG / Kentucky Works / Weatherization

118 William Thomason Byway

Leitchfield, KY 42754

(270) 259-3500 / (270) 580-4160 / (270) 259-0021

HARDIN COUNTY

Hardin County Senior Citizens Center

1119 Johnstown Road

Elizabethtown, KY 42701

(270) 982-2909

CKCATS Senior Transportation Services Only

(800) 242-8225

CSBG

233 Ring Road, Suite 100

Elizabethtown, KY 42701

(270) 234-5854

Kentucky Works

950 Mulberry, Suite 260

Elizabethtown, KY 42701

(270) 769-0908

Radcliff Senior Citizens Center

230 Freedom's Way

Radcliff, KY 40160

(270) 351-4079

RSVP

(Located in Griffon Manor)

1119 Johnstown Road

Elizabethtown, KY 42701

(270) 737-1059

Elizabethtown Head Start

401 W. Poplar Street

Elizabethtown, KY 42701

(270) 900-4831

Radcliff Head Start

788 South Wilson Road

Radcliff, KY 40160

(270) 390-4202

Henry COUNTY

Kentucky Works Services Only

229 Alpine Drive

Shelbyville, KY 40065

(502) 633-1199

LARUE COUNTY

Larue County Senior Citizens Center / CSBG /

Kentucky Works* / CKCATS & Intercity Transportation

112 N. Walters Avenue

Hodgenville, KY 42748

(270) 358-4235 / (270) 358-3937 /

(270) 692-7044 / (800) 242-8225

*KY Works serves Larue & Bullitt counties

Larue County Head Start

407 Miami Court

Hodgenville, KY 42748

(270) 358-3335

MARION COUNTY

Administration & CSBG Central Office / Family Child

Care & Unaffiliated Centers / Head Start /

Weatherization

332 Hood Avenue/PO Box 830

Lebanon, KY 40033

(270) 692-2136

CSBG (for Marion County)

334 Hood Avenue

PO Box 830

Lebanon, KY 40033

(270) 692-6411

Lebanon Head Start / Early Head Start

1081 Corporate Drive

Lebanon, KY 40033

(270) 692-4291

Lebanon Senior Citizens Center

110 W. Mulberry Street

Lebanon, KY 40033

(270) 692-6591

Bradfordsville Senior Citizens Center

115 S. 6th Street

Bradfordsville, KY 40009

(270) 692-6591

CKCATS & Intercity Transportation

328 Hood Avenue

PO Box 830

Lebanon, KY 40033

(800) 242-8225

MARION COUNTY (Continued)

West Main Head Start

356 West Main Street
Lebanon, KY 40033
(270) 692-9966

MEADE COUNTY

CKCATS Senior Transportation

(800) 242-8225

CSBG / Kentucky Works

496 E. Broadway
Brandenburg, KY 40108
(270) 422-2545 / (270) 422-2520

Meade County Head Start

6215 Brandenburg Road
Ekron, KY 40117
(270) 828-4417

Senior Citizens Restaurant Voucher Program

(270) 756-5668

NELSON COUNTY

Bardstown Senior Citizens Center

122 Plaza Drive, Suite A
Bardstown, KY 40004
(502) 348-1888

New Haven Senior Citizens Center

365 5th Street
New Haven, KY 40051
(502) 348-1888

CKCATS & Intercity Transportation

122 Plaza Drive
Bardstown, KY 40004
(800) 242-8225

CSBG / CCC / Kentucky Works* /

Bardstown Head Start

219 E. Muir Avenue
Bardstown, KY 40004
(502) 348-9596 / (502) 349-1134
(502) 331-3275 / (502) 348-9240

*KY Works serves Marion, Nelson,
Spencer & Washington Counties

Central Kentucky Head Start

Family Enrichment Center

407 S. Third Street
Bardstown, KY 40004
(502) 331-0055

New Haven Head Start

413 North First Street
New Haven, KY 40051
(502) 549-3786

SHELBY COUNTY

Kentucky Works*

229 Alpine Drive
Shelbyville, KY 40065
(502) 633-1199
*Serves Henry, Oldham, Shelby & Trimble
counties

WASHINGTON COUNTY

Washington County Senior Citizens Center

206 Main Cross Street
Springfield, KY 40069
(859) 336-0909

CKCATS Senior Transportation

(800) 242-8225

CSBG

394 Lincoln Drive, Suite 2
Springfield, KY 40069
(859) 481-6166 / (859) 336-7766

Kentucky Works

DCBS, 803 Bel Vista Drive
Springfield, KY 40069
(502) 331-3275

Springfield Head Start & Early Head Start

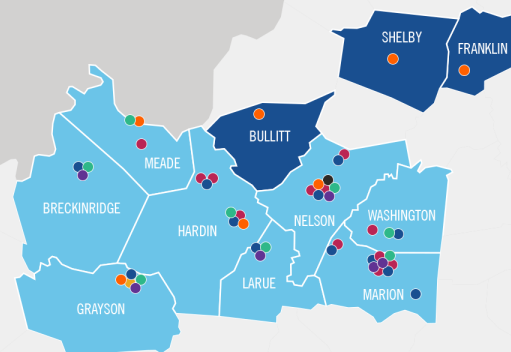
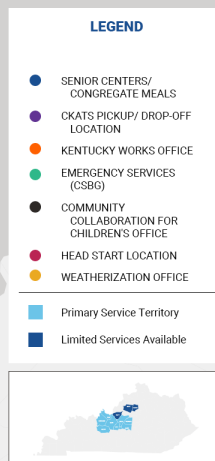
394 Lincoln Drive, Suite 1
Springfield, KY 40069
(859) 481-6166

WOODFORD COUNTY

Kentucky Works Services Only

73C Michael Davenport Boulevard, Suite 1
Frankfort, KY 40601
(502) 803-3133

Our Region



Thank You To Our Sponsor



332 HOOD AVENUE, LEBANON, KY 40033 / TEL: (270) 692-2136 / FAX: (270) 692-4530 / CKCAC.ORG